

Options for Gastroesophageal Reflux: Endoluminal

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Montefiore Medical System and the
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The patient with GERD



Prescribe the power of

NEW
ADMINISTRATION
FORM



PREVACID[®]

LANSOPRAZOLE 15 mg and 30 mg capsules QD

PROVEN PROTON PUMP INHIBITOR

▼ Power to relieve the pain of erosive esophagitis

Median percentage of nights patients were free from heartburn:



▼ Power to heal erosive esophagitis effectively

PREVACID 30 mg once a day healed 95% of patients with erosive esophagitis in 8 weeks.*

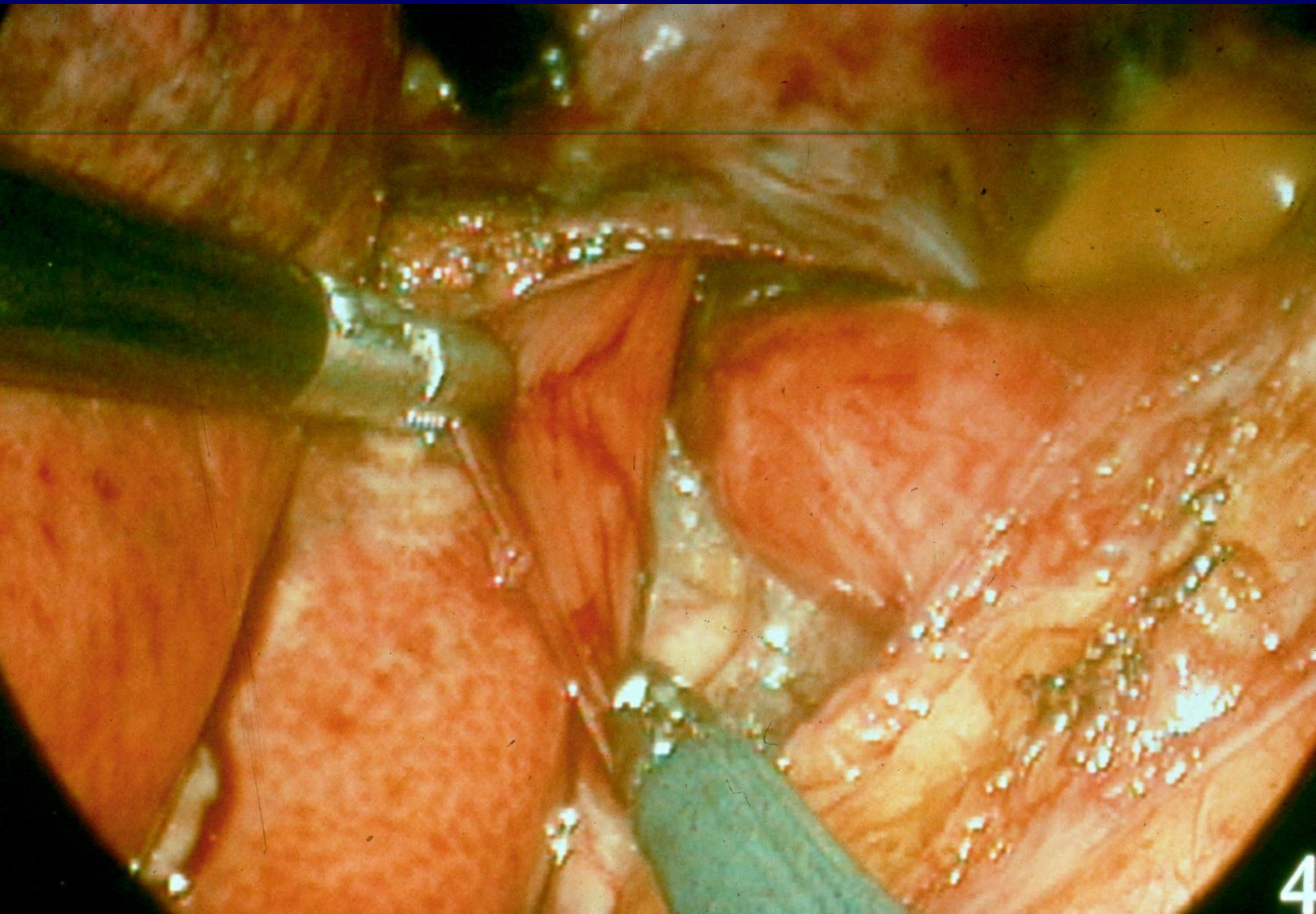
▼ Now PREVACID can be sprinkled!



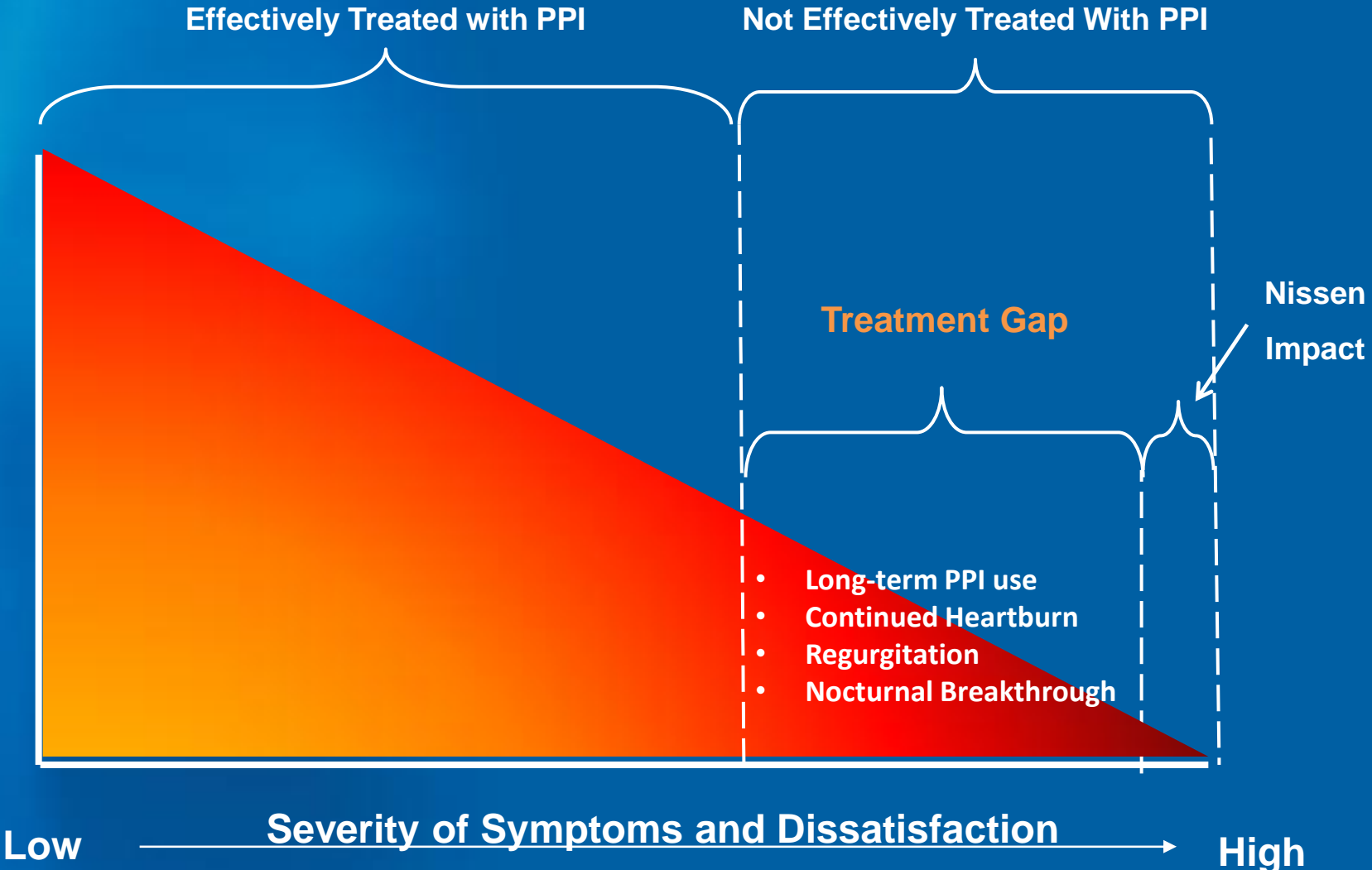
Patients who have difficulty swallowing capsules can open the capsule, sprinkle the granules on a tablespoon of applesauce, and swallow it immediately. The granules should not be chewed or crushed.

In short-term clinical trials, adverse events including those often seen with PPIA's (headache, dizziness, diarrhea, abdominal pain and rashes).

PREVACID should not be used as a long-term option for patients with erosive esophagitis or reflux of bile disease. Symptomatic response to the medication may alter the pressure of gastric acid. PREVACID is used as a short-term option for known hypersecretory acid production and for the treatment of further information, including adverse events, please see full prescribing information. For further information, including adverse events, please see full prescribing information.



The Therapy Gap



New Options for Gastroesophageal Reflux

- Old Options (lifestyle, diet and medical Rx)
- Radio Frequency Energy Application to the Gastroesophageal Junction (Stretta)
- Transoral Endoscopic Plication
 - Endocinch, NDO
- Transoral Incisionless Fundoplication:
- Mechanical Barriers
- Injection of Biomaterials (Enteryx)
- Laparoscopic Magnetic Augmentation
- Nissen Fundoplication



strettaTM

A new, minimally invasive treatment for
GERD

www.curonmedical.com

Stretta: Procedure

- Outpatient Endoscopy Procedure
- Placement of catheter at GE junction
- Rfe Application, 45 degree rotation
- 8 applications, 2cm below, 6 above GE jxn
- repeat endoscopy
- Total time about one hour
- Few complications reported







Long Term data

- 50 pts referred for surgery, Stretta
- 32 pts with long term f/u (53 months)
- 19 of 32 underwent ARF surgery for sxs
- 13 responders had improved GERD QoL and Symptom score

– Dundon JM, Melvin WS, Surg innov, 2009.

Long Term data

- 108pts 4 year f/u
 - 96 pts at 48 months
 - Heartburn Scores 3.6 to 1.8*
 - GERD QoL 27.8 to 7.1*
 - Medication usage 100% to 75%
 - 83 pts at 48 months follow up
 - GERD symptom score 24 to 4.3*
 - GERD QoL 2.7 to 0.6*
 - Medication 100% to 13.6%*
- Reymunde A., et al. GIE, March, 2007.

Noar, et al. GIE, March ,
2007

Stretta New Data

- 48 month followup, multi center, Europe
- 56 pts evaluated (69 pts treated)
- GERD and HRQL improved significantly
- 41 of 56 were off PPIx
- Appears that Stretta is effective and durable

• Dughera, etal., 2011

Stretta: Meta Analysis

Outcome Variable	Studies (n)	Patients (n)	Mean Follow-up (mo)	Pre-Stretta	Post-Stretta	P-value
GERD-HRQL score	9	433	19.8	26.11	9.25	0.0001
QOLRAD score	4	250	25.2	3.30	4.97	0.0010
Heartburn score	9	525	24.1	3.55	1.19	0.0001
Satisfaction score	5	366	21.9	1.43	4.07	0.0006
Esophageal Acid Exposure (% Ph<4)	11	364	11.9	10.29	6.51	0.0003
DeMeester score	7	267	13.1	44.37	28.53	0.0074
LES pressure	7	263	8.7	16.54	20.24	0.0302

Table 1: Comparison of Pre-Operative and Latest Post-Operative Observations of the Study Parameters

No Evidence for Efficacy of Radiofrequency Ablation for Treatment of Gastroesophageal Reflux Disease: A Systematic Review and Meta-Analysis.

- Evaluated 4 trials and evaluated 153 pts
- No improvement compared to sham or ppi
- No change in pH or HRQL

- Clin Gastro Hepatol, 2014
- Lipka S, Kumar A, Richter J.

Economics

- Approved by the FDA in 2000
- CPT code assigned in 2004 (43257)
- Curon bankrupt in December 2006
- Technology Acquired
- Currently Available, Mederi Therapeutics
- Available worldwide for clinical use

Esophyx



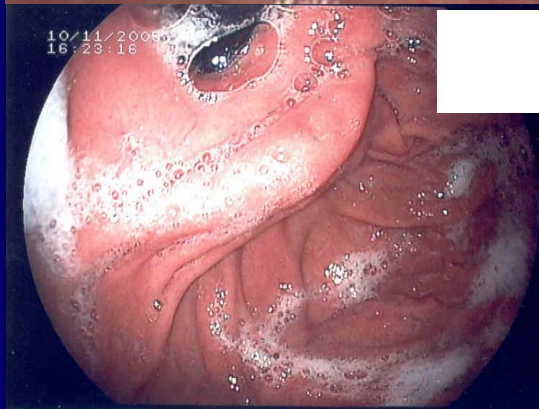
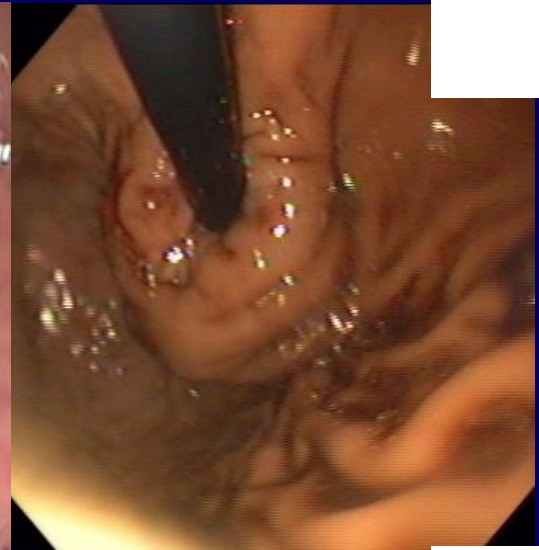
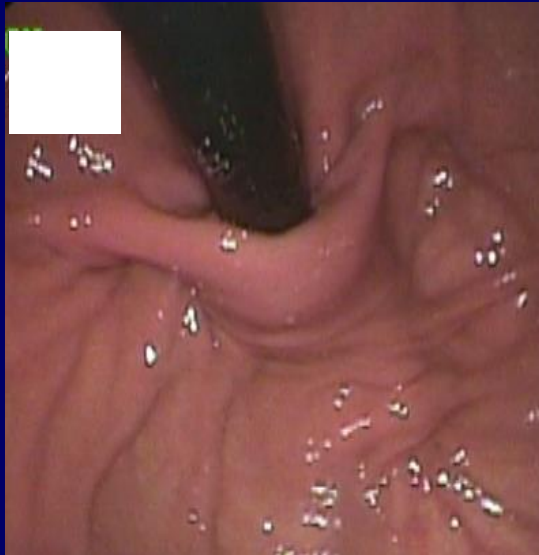
Esophyx:

Transoral Incisionless Fundoplication

- Approved for US in Sept 2007
- Over the scope fundoplication device
- Under direct vision
- Full thickness anchoring devices
- Reduce small Hiatal Hernias
- General anesthesia, short stay
- Gaining long term experience



vs. Nissen



Esophyx at Ohio State

- Single institution prospective study all pts undergoing EsophyX Sept 07 - March 09
- Demographics, procedure related complications
- Outcomes:
 - safety
 - symptomatic improvement: symptom scores (Anvari) and HRQL (Velanovich) and PPI use

Results: Symptoms

	Preop	Postop	p
HRQL (Velanovich)	22 (13)	8 (7)	0.002
Symptom Score (Anvari)	34 (14)	16 (15)	0.004
Medication use	100%	65% 41% preop 24% half dose	

Esophyx Data

- 37 consecutive pts with GERD
- 68% respiratory symptoms
- All underwent TIF, endoscopically
- 2 complications
- 6month follow up:
 - 82% no drugs, 54% no symptoms, 21% better
 - 5 (13.5%) had LS nissen for failure

Esophyx : Long Term

- 38 pts with three year follow up (56% pts had hiatal hernia)
- One peri op bleeding
- 14 pts (36%) underwent ARF surgery
- Remaining pts QOL scores improved
- 76% off meds
- In subset results were satisfactory
 - Witteman BP, etal, Surg Endosc, 2012

Esophyx: Multicenter Registry

- Prospective data collection: 100 patients
- No procedural complications.
- 6month f/u:
- GERD HRQL normalized 73%
- Reflux Symptom Score Median 24 to 7
- pH normalized in 54% (15 out of 28)
- Safe, good symptom control

– Bell RW, et al, JACS 2012

Meta Analysis

Measurement	No Studies	Total Patients	Average Decrease	Mean Follow-up (Months)	P-value
GERD-HRQL score	9	325	20.6	8.2	0.0001*
RSI Score	2	133	23.3	6.8	0.1026
Continued PPI use	9	320	25.0%	9.2	0.0001*
Hiatal hernia incidence	3	63	36.0%	7.5	0.2423
Mean LES pressure	3	103	-5.0 mmHg	10.1	0.0762
Esophageal Acid Exposure Time (% time ph <4)	3	99	2.8%	10.0	0.2027
DeMeester Score	3	107	7.7	10.0	0.2008
Number of acid refluxes	4	61	22.1	6.7	0.3066

TIF for Regurgitation

- Multicenter trial, randomized blinded sham controlled vs, BID Prilosec
- Symptoms scores, pH studies and evaluations at 2, 12 and 26 weeks
- Reduced regurgitation(67 vs 45% $p=.023$)
- pH improved with TF more than sham
- GERD symptoms were reduced in both

New Data Collection

- AGA sponsored STAR Registry
- Comparing TIF to Nissen in patients with troublesome GERD
- Case control data registry
- First pt enrolled in 2014, three year plan

Cleveland

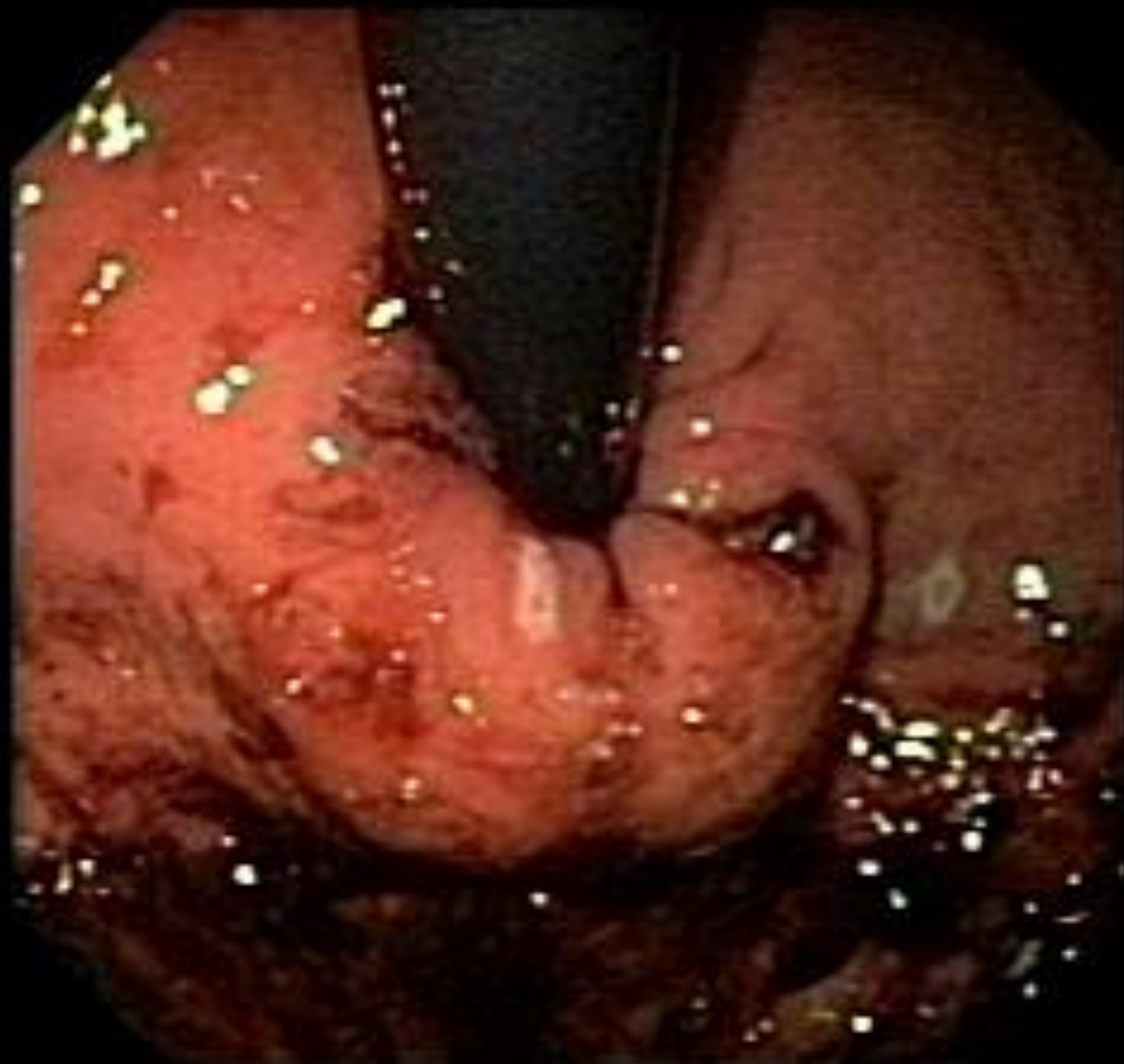
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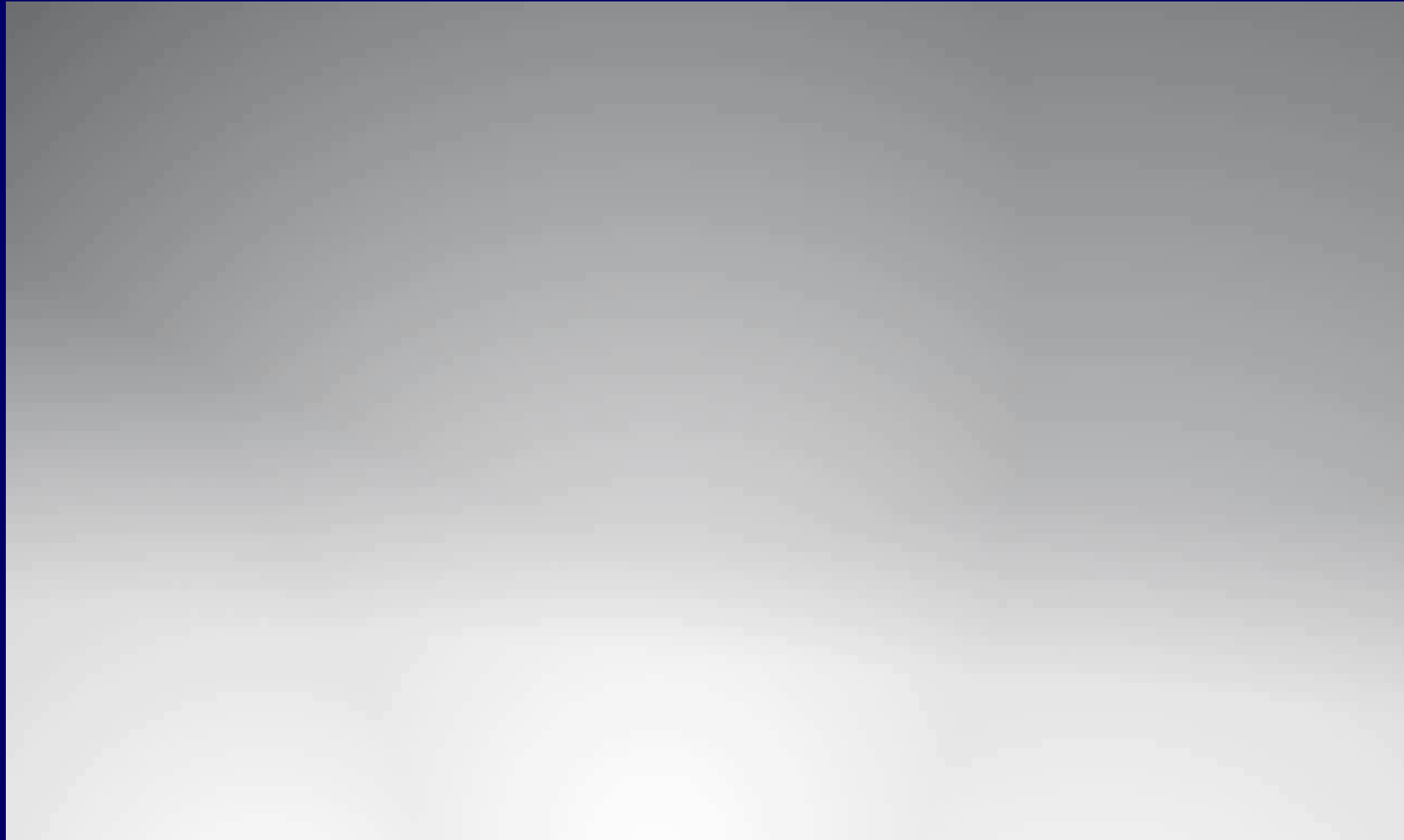
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Fr:A4



Medigus



Medigus/ MUSE

- 11SRS vs 16 Lap Nissen
- Safe efficient use
- Shorter OR time
- No diff in PPI
- No difference in HRQL

– Danalioglu , A, et al. Dig Endosc, 2013

SRS/MUSE , Multicenter

- 69 pts, 6 sites, 6 month follow up
- GERD HRQL, > 50% Improvement in 73%
- Off PPIs: 42% none
- Total time pH<4.0, mean decreased (p.001)
 - pH upright, supine, and total episode #, n.s.
- 1 post op bleed, 1 perf (Chest tube)
 - Zucherl , J. et al. Surg Endosc, 2014.

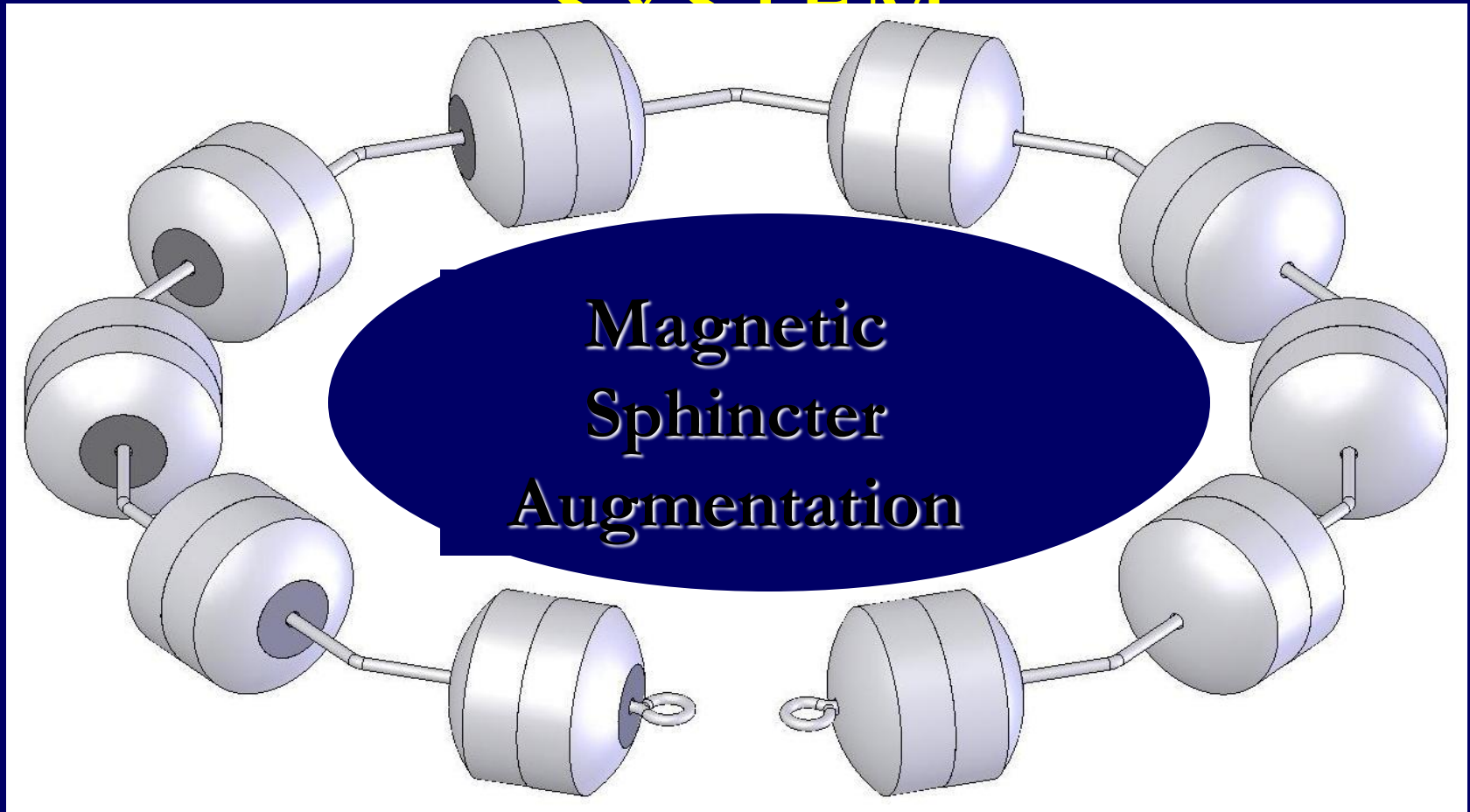
SRS/MUSE Medigus

- FDA approved, Q1 2014
- International registry underway
- Available in select centers currently
- Data will accumulate
- Reimbursement and finances are important

Endoluminal Fundoplication

- Finances are important
- 2014: Not widely funded, considered “experimental”
- February 2015 CPT assigned
- RUC evaluation is ongoing
- Will become active January 2016

LINX™ ANTI-REFLUX SYSTEM



Torax: Operative Placement

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eres

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VP:1

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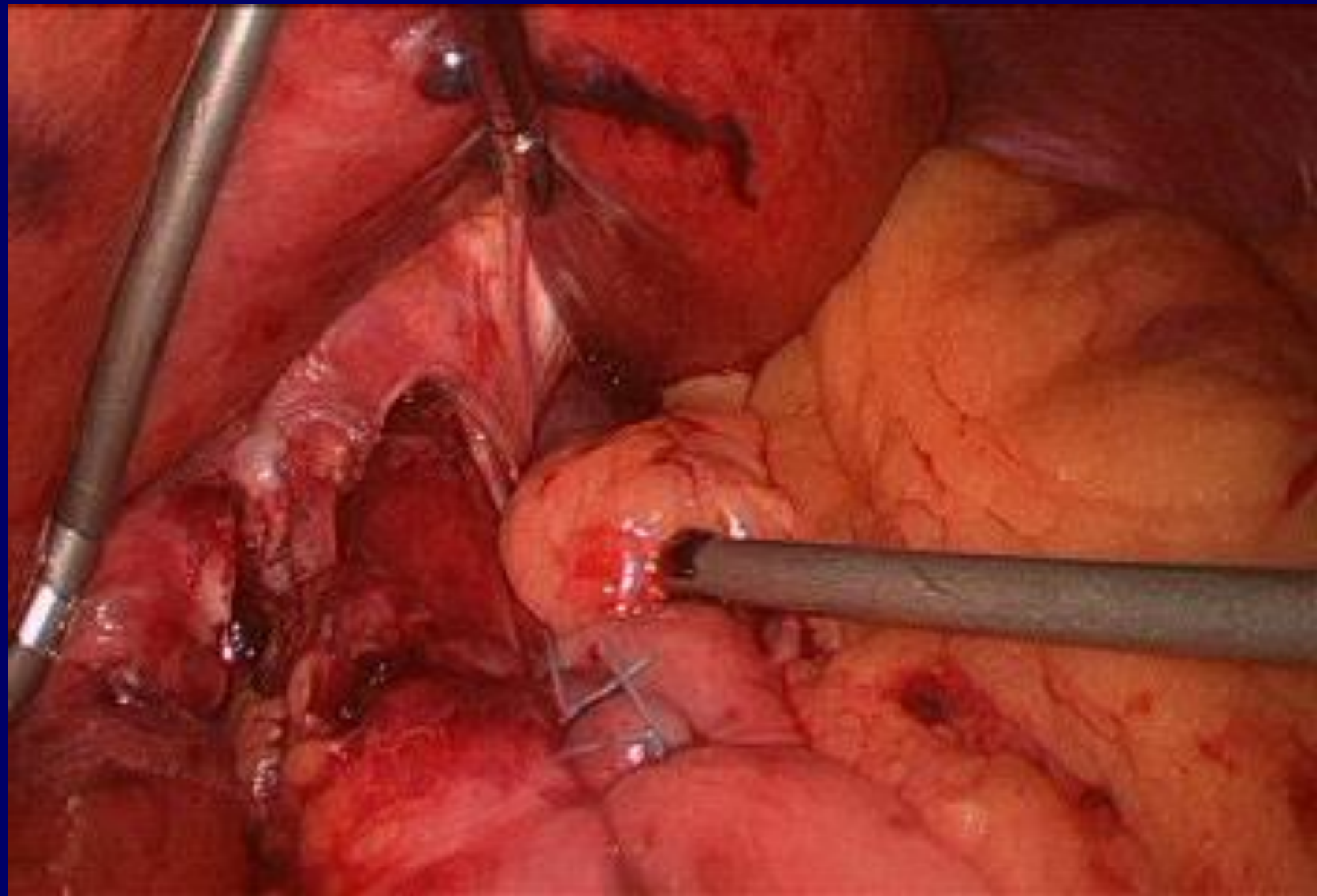
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One Year Follow up EGD

Lynx Economics

- About 7000 sold and installed
- A few explantations, no late erosions
- Appears Safe
- CPT 2015 is a Category 3
- Not widely reimbursed
- Difficult to use clinically right now



Clinical Spotlight Review :

Endoluminal GERD

2/2013

by the Society of American Gastrointestinal and Endoscopic Surgeons

- **EsophyX**
 - Long term data is not yet available for EsophyX. In short term follow-up, from 6 months to 2 years, EsophyX may be effective in patients with typical and atypical GERD. Further studies are required to define optimal techniques and most appropriate patient selection criteria...
 - Quality of Evidence: (++) . GRADE Recommendation: Weak
- **Stretta**
 - Stretta is considered appropriate therapy for patients being treated for GERD who are 18 years of age or older, who have had symptoms of heartburn, regurgitation, or both for 6 months or more, who have been partially or completely responsive to anti-secretory pharmacologic therapy, and who have declined laparoscopic fundoplication.
 - Quality of Evidence: (++++). GRADE Recommendation: Strong

American College of Gastroenterology Guidelines for the diagnosis and management of gastroesophageal reflux disease

- Surgical therapy is a treatment option for long-term therapy in GERD patients. **(Strong recommendation, high level of evidence)**
- Surgical therapy is generally not recommended in patients who do not respond to PPI therapy. **(Strong recommendation, high level of evidence)**
- Preoperative ambulatory pH monitoring is mandatory in patients without evidence of erosive esophagitis. All patients should undergo preoperative manometry to rule out achalasia or scleroderma-like esophagus. **(Strong recommendation, moderate level of evidence)**
- Surgical therapy is as effective as medical therapy for carefully selected patients with chronic GERD when performed by an experienced surgeon. **(Strong recommendation, high level of evidence)**
- Obese patients contemplating surgical therapy for GERD should be considered for bariatric surgery. Gastric bypass would be the preferred operation in these patients. **(Conditional recommendation, moderate level of evidence)**
- The usage of current endoscopic therapy or transoral incisionless fundoplication cannot be recommended as an alternative to medical or traditional surgical therapy. **(Conditional recommendation, moderate level of evidence)**

GERD Treatment: The Bottom Line

- PPI's for most pts
- Mechanical reconstruction of the GE jxn offers the best acid and bile reflux control
- Transoral fundoplication is promising and emerging as option for pts with normal anatomy
- Stretta is now available and data suggests good symptom control in many patients
- Magnetic Augmentation provides excellent early results
- LS Nissen is very good with ~90% good success, 80-90% off meds.
- Barretts ablation and reflux control may decreasing the risk of esophageal cancer.
- Evaluation of objective data including costs is important





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