

Peritoneal Carcinomatosis

- *Rationale and Indications of
Cytoreductive Surgery and
Hyperthermic Intraperitoneal Chemotherapy*

Haejin In, MD, MBA, MPH, FACS

December 13, 2019



Albert Einstein College of Medicine

Montefiore

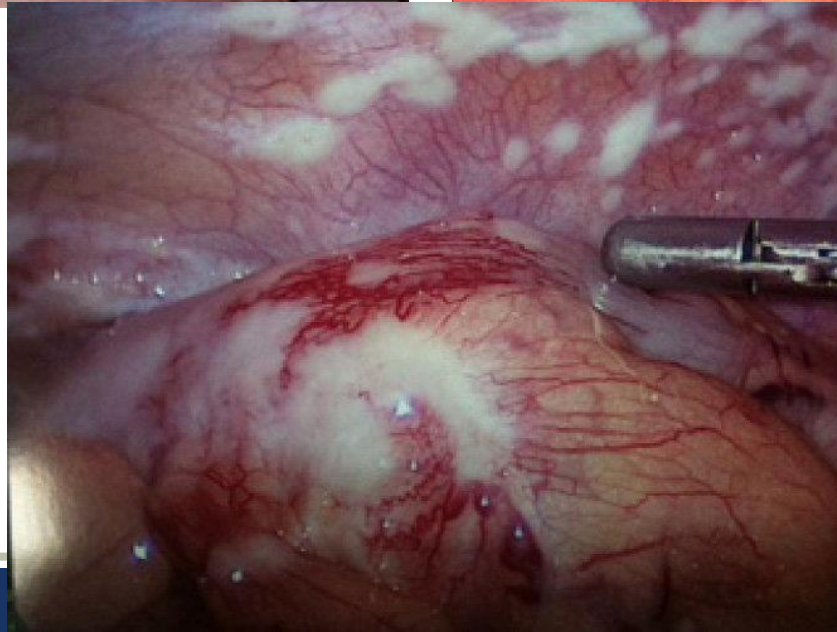
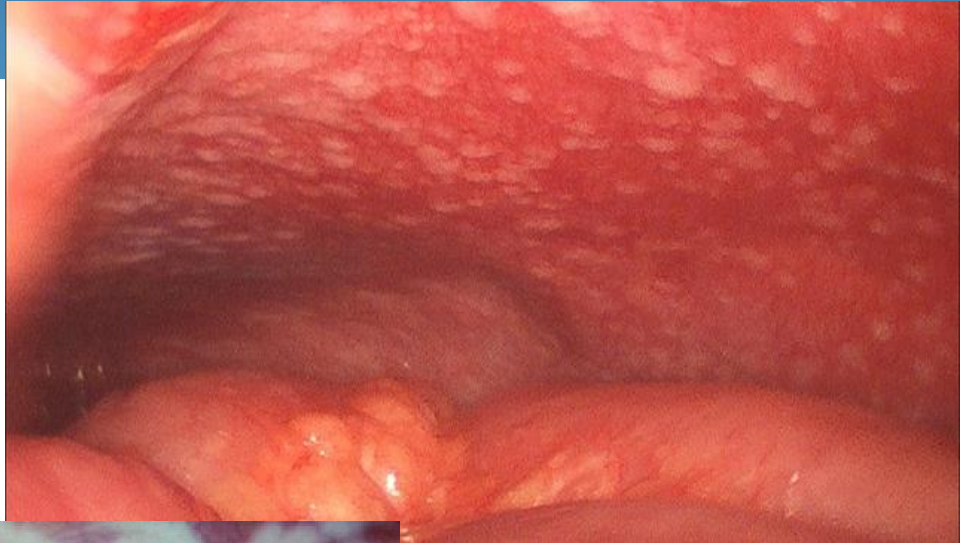
- No disclosures

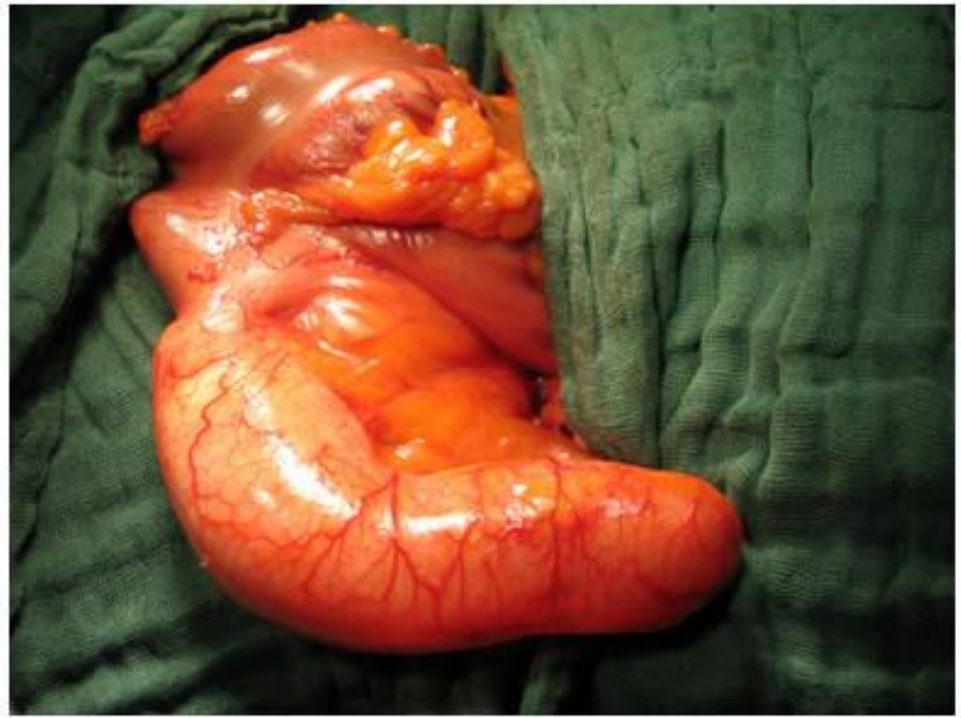
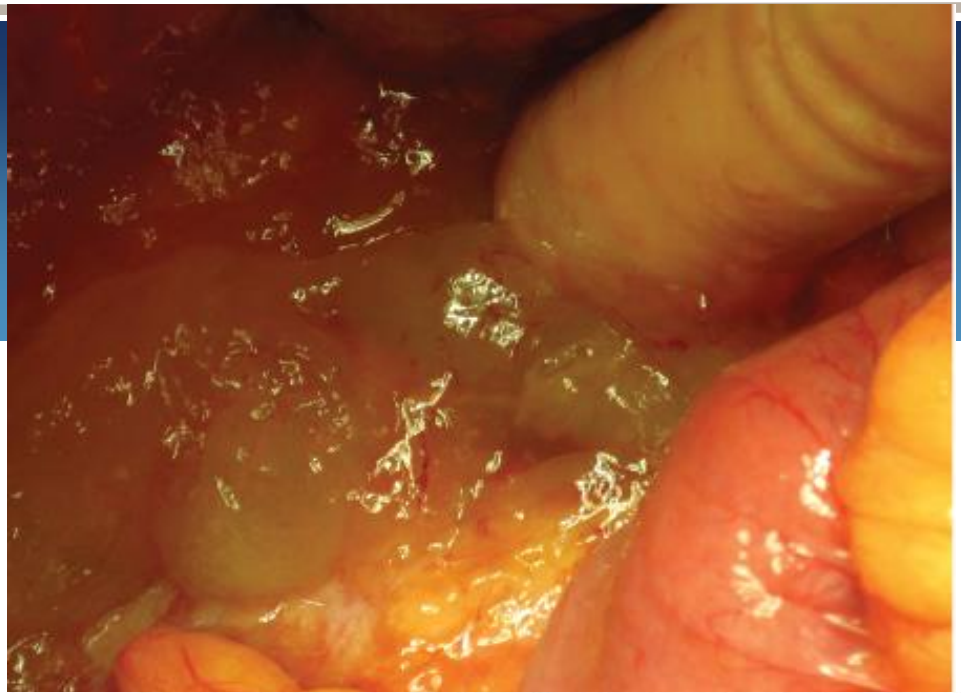
Peritoneal Carcinomatosis

- Gastrointestinal and gynecologic malignancies
 - > Colorectal, appendix, gastric, pancreatic, ovarian cancer
- Dissemination and growth in peritoneal cavity



Peritoneal Carcinomatosis

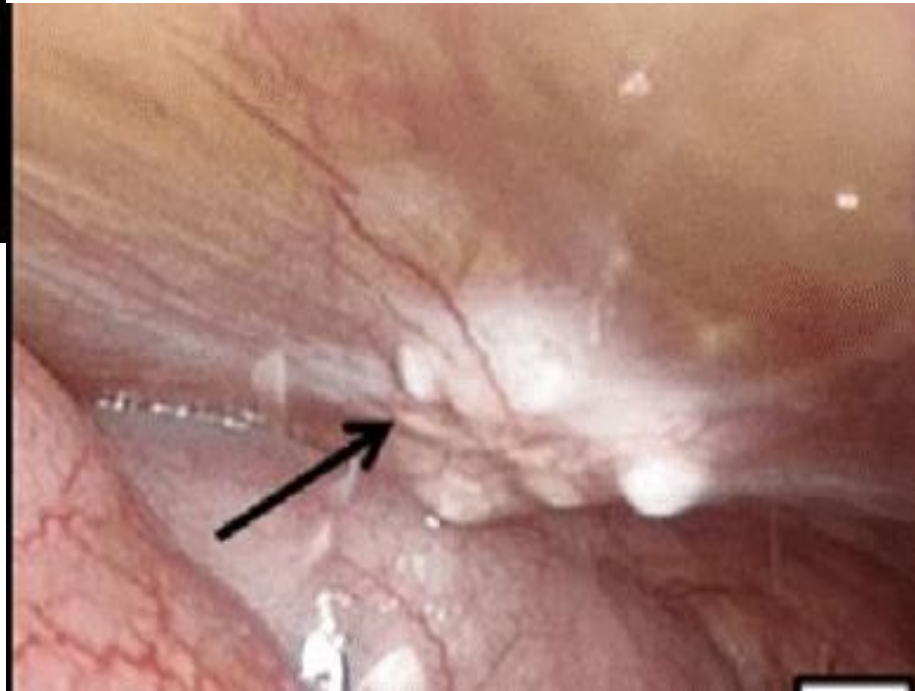




Peritoneal Carcinomatosis





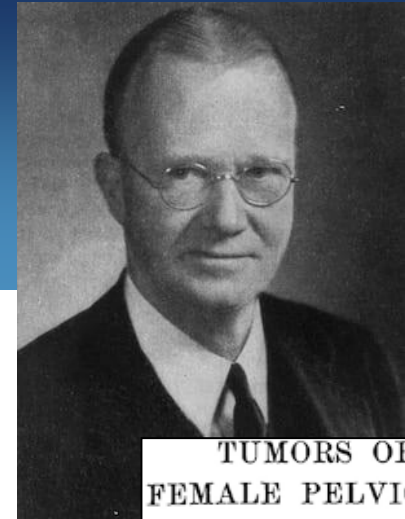


Peritoneal Carcinomatosis

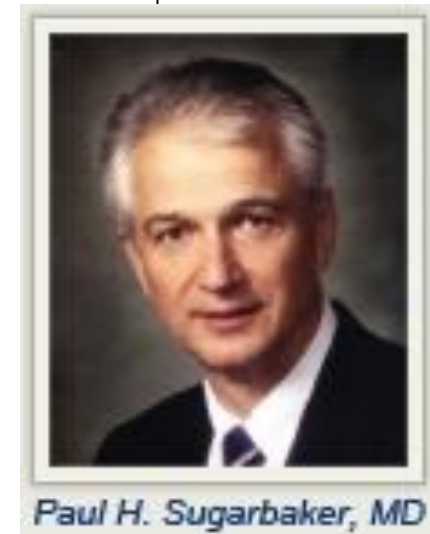
- Associated with disease progression and poor prognosis
- Systemic chemotherapy is generally ineffective – peritoneum restricts the diffusion of systemic drugs into the peritoneal space.
- For some cancers, PC may be locoregional disease
- PC alone without other systemic disease - locoregional control improves overall survival

History

- 1930s – J.V. Meigs: Demonstrated improved survival in patients with ovarian cancer and peritoneal metastasis with aggressive debulking
- 1960s: applied to pseudomyxoma peritonei
- 1990s: Paul Sugarbaker optimized technique of peritonectomy
- 1980-1990s:
 - > Spatt – heated infusion of intraperitoneal chemotherapy
 - > Palta – IP therapy infiltration system



TUMORS OF THE
FEMALE PELVIC ORGANS
BY
JOE VINCENT MEIGS, A.B., M.D., F.A.C.S.
*Instructor in Surgery, Harvard Medical School; Surgeon to Out-patients,
Massachusetts General Hospital; Associate Surgeon, Collie P. Fran-
lington Memorial Hospital; Surgeon, Fenwick Hospital, Massachusetts
State Cancer Hospital*

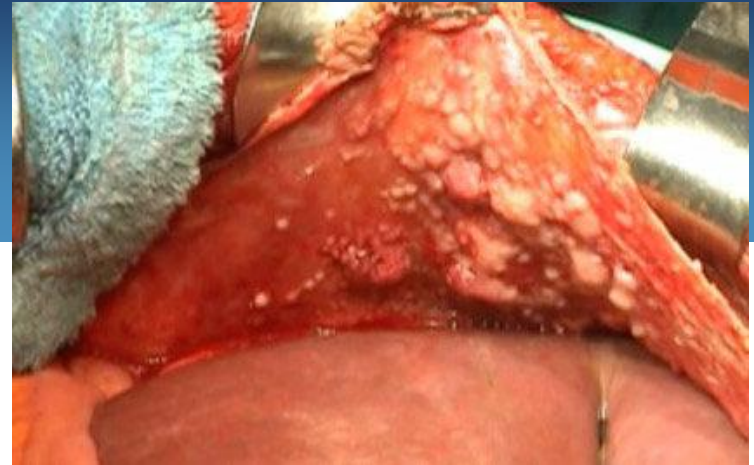


Paul H. Sugarbaker, MD

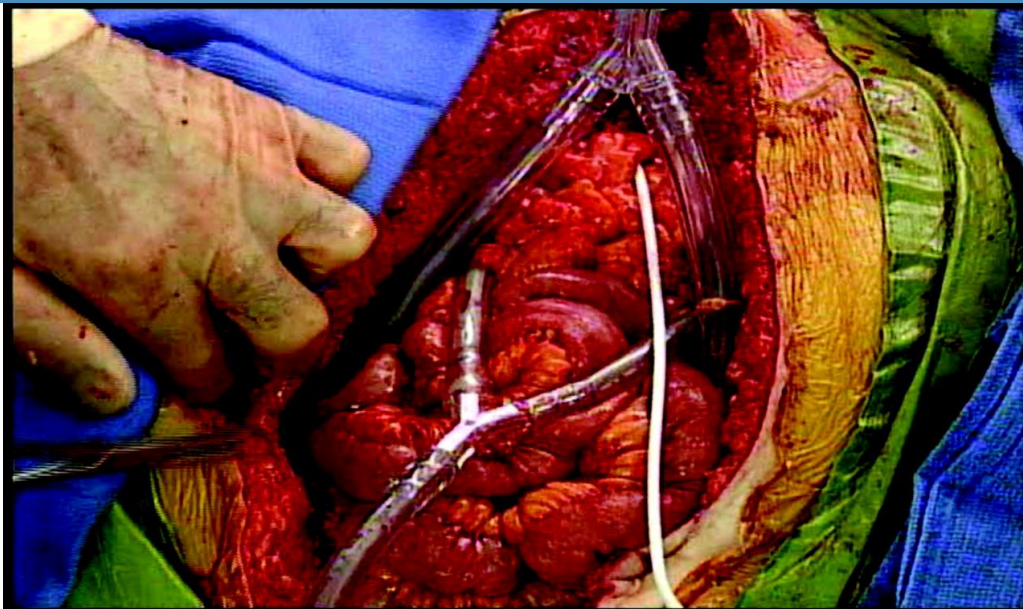
Cytoreductive Surgery

Goal – removal of all visible peritoneal carcinomatosis

- Parietal peritonectomy
- Omentectomy
- Right and left diaphragm peritonectomy
- Pelvic Peritonectomy
- Lesser omentectomy
- Liver capsule (Glisson's capsulectomy) as needed
- Splenectomy, cholecystectomy and oophorectomy is considered
- Resection of small bowel, colon, stomach as needed

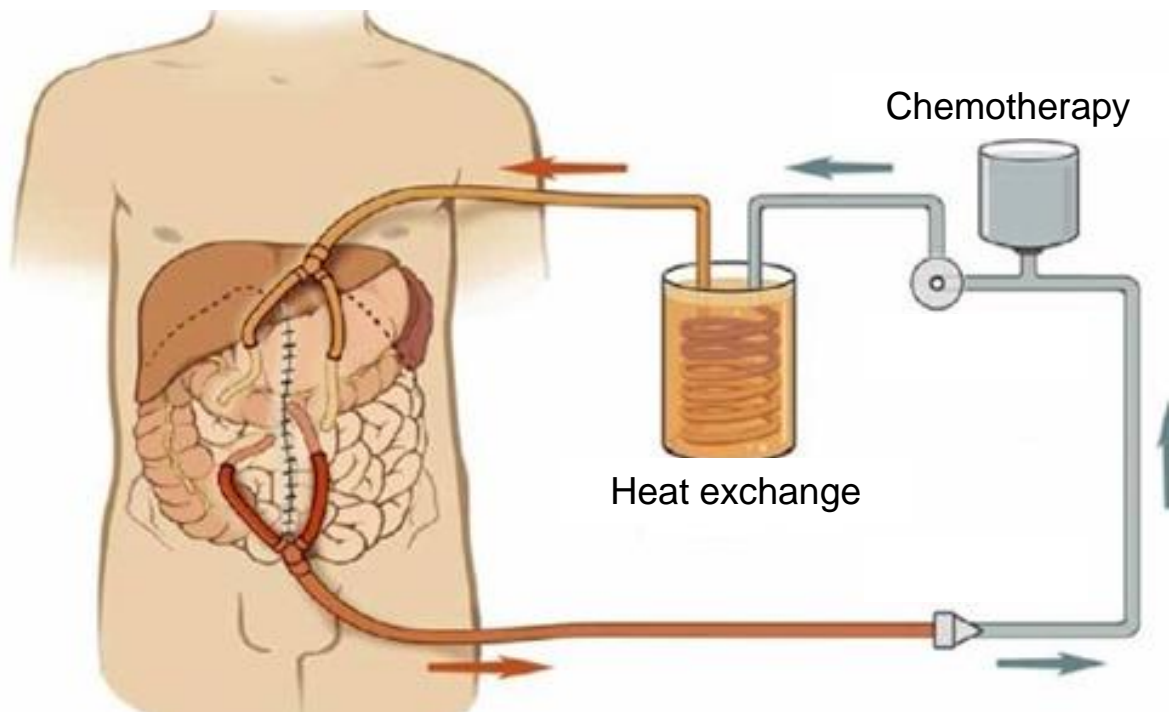


Hyperthermic Intraperitoneal Chemotherapy



Hyperthermic Intraperitoneal Chemotherapy

- Mitomycin C – 40mg, 42° C, 90 minutes
- Others - Cisplatin, Oxaliplatin, Doxorubicin, etc



What does NOT need to be considered when offering cytoreductive surgery and hyperthermic intraperitoneal chemotherapy (CRS/HIPEC)?



- a) Original cancer type
- b) History of systemic chemotherapy
- c) Tumor burden (amount of tumor)
- d) Ability to completely remove tumor
- e) Functional status
- f) None of the above

Treatment of Peritoneal Carcinomatosis

- In the world of surgical oncology, **biology is King; selection of cases is Queen**, and the **technical details of surgical procedure are princes and princesses** of the realm who frequently try to overthrow the powerful forces of King and Queen, usually to no long-term avail, although some temporary apparent victories.”

- Blake Cady, MD 1997



Cady, “Basic Principles in Surgical Oncology”, Arch Surg 1997: 132: 338

Patient Selection

- Functional Performance Status: ECOG ≤ 2
- Comorbidities
- Age
- Nutrition – Albumin
- Sarcopenia

Surgical Outcomes

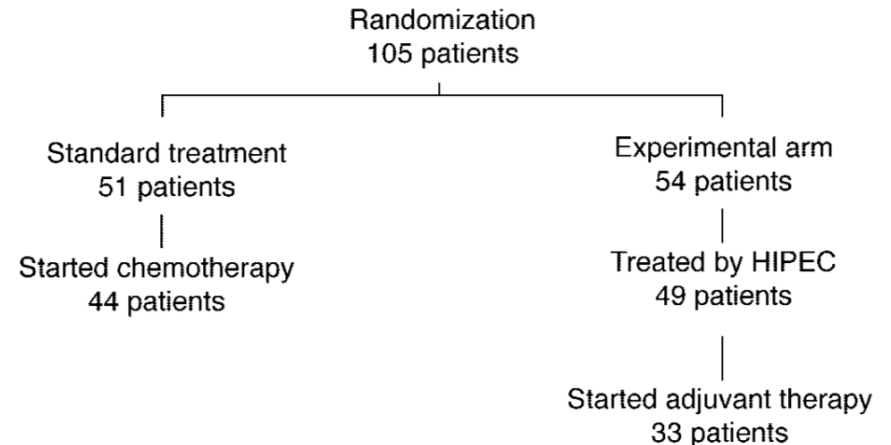
ACS-NSQIP 2005-2011, 694 cases

- Overall Morbidity: 32%
 - > Transfusion: 17%
 - > Sepsis/septic shock: 16%
 - > Wound disruption 2%, pneumonia 5%, ventilator >48 hrs 5%, renal insufficiency 4%, DVT 2%, PE 1.3%, MI 0.3%
- 30-day Mortality: 2.3%
- Return to OR within 30d: 9.8%
- Readmission: 11.4%
- Length of stay: 13 days (SD 16 days)

Hyperthermic Intraperitoneal Chemotherapy - Randomized Control Trial

- Peritoneal metastasis of colorectal adenocarcinoma
- No other sites of distant mets (liver, lung)
- Age <71, fit for surgery
- Sites: Appendix (18), Colon (75), rectum (17)

5FU + Leucovorin vs.
Cytoreductive surgery
+ Mitomycin C (90 min, 42° C)



Verwaal VJ, et al. RTC of CRC/HIPEC vs Systemic Chemo. JCO 2003

Verwaal VJ, et al. 8 year follow up. Ann Surg Onc 2008

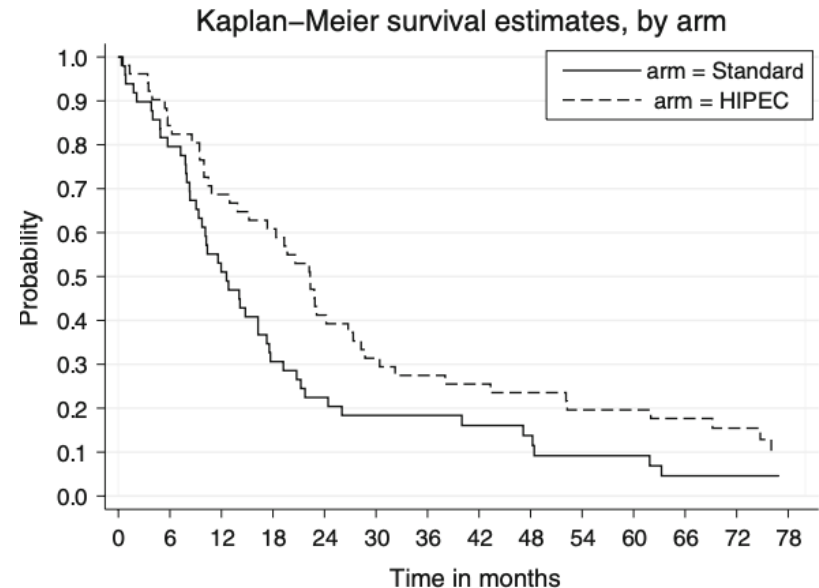
Hyperthermic Intraperitoneal Chemotherapy - RCT

Median Survival

- 12.6m vs. 22.4m

HR 0.55, $p=0.032$

5 year survival: 10% vs 20%



Verwaal VJ, et al. RTC of CRC/HIPEC vs Systemic Chemo. JCO 2003

Verwaal VJ, et al. 8 year follow up. Ann Surg Onc 2008

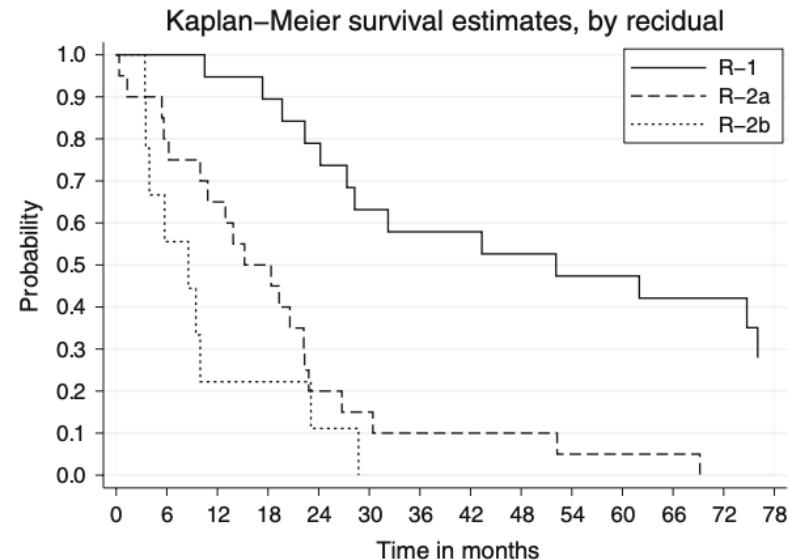
Hyperthermic Intraperitoneal Chemotherapy - RCT

Residual disease is important

- Main impact factor on survival was completeness of cytoreduction

5 year survival

- Complete: 45%
- Incomplete: <5%

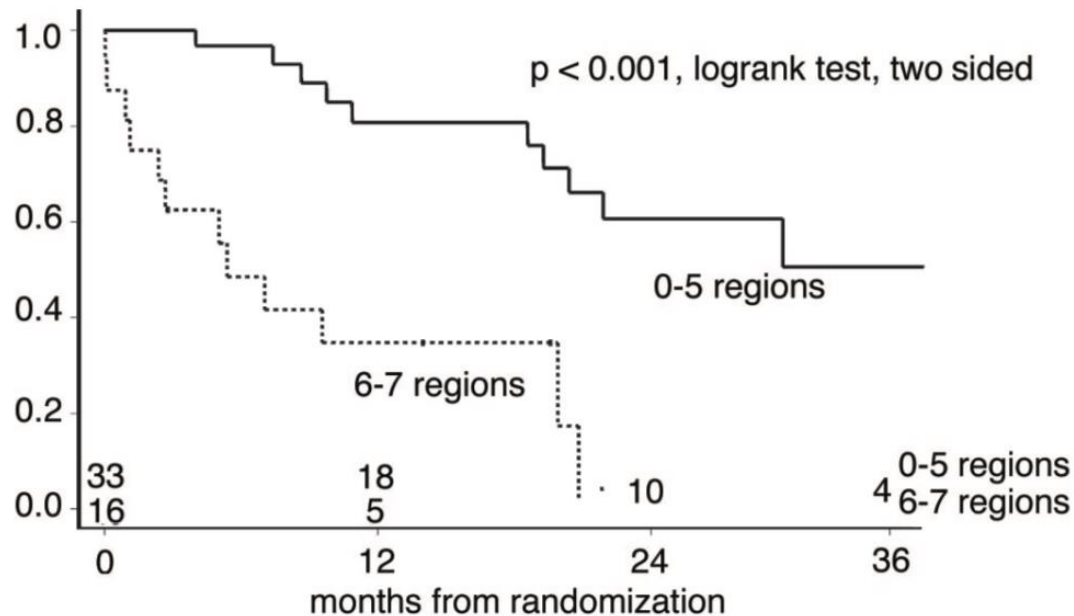


Verwaal VJ, et al. RTC of CRC/HIPEC vs Systemic Chemo. JCO 2003

Verwaal VJ, et al. 8 year follow up. Ann Surg Onc 2008

Hyperthermic Intraperitoneal Chemotherapy - RCT

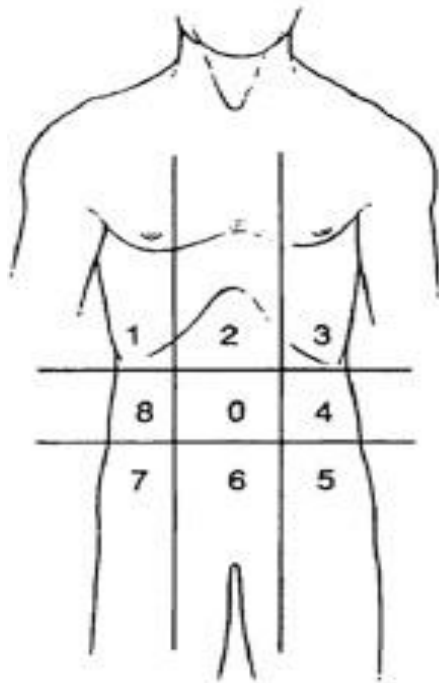
Initial tumor burden is important



Verwaal VJ, et al. RTC of CRC/HIPEC vs Systemic Chemo. JCO 2003
Verwaal VJ, et al. 8 year follow up. Ann Surg Onc 2008

Degree of Tumor Burden

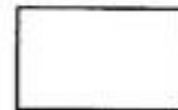
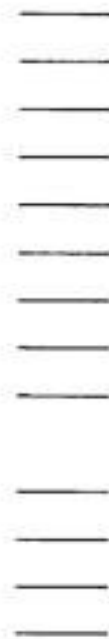
- Peritoneal Carcinomatosis Index (PCI)



- Regions**
- 0 Central
 - 1 Right Upper
 - 2 Epigastrium
 - 3 Left Upper
 - 4 Left Flank
 - 5 Left Lower
 - 6 Pelvis
 - 7 Right Lower
 - 8 Right Flank
 - 9 Upper Jejunum
 - 10 Lower Jejunum
 - 11 Upper Ileum
 - 12 Lower Ileum

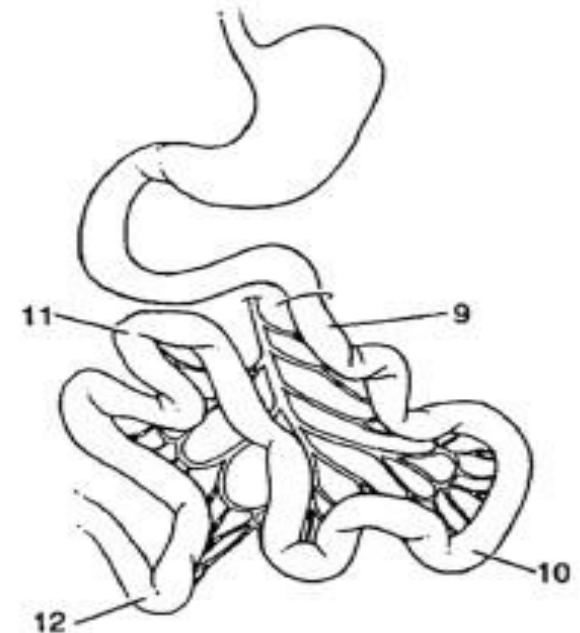
PCI

Lesion Size



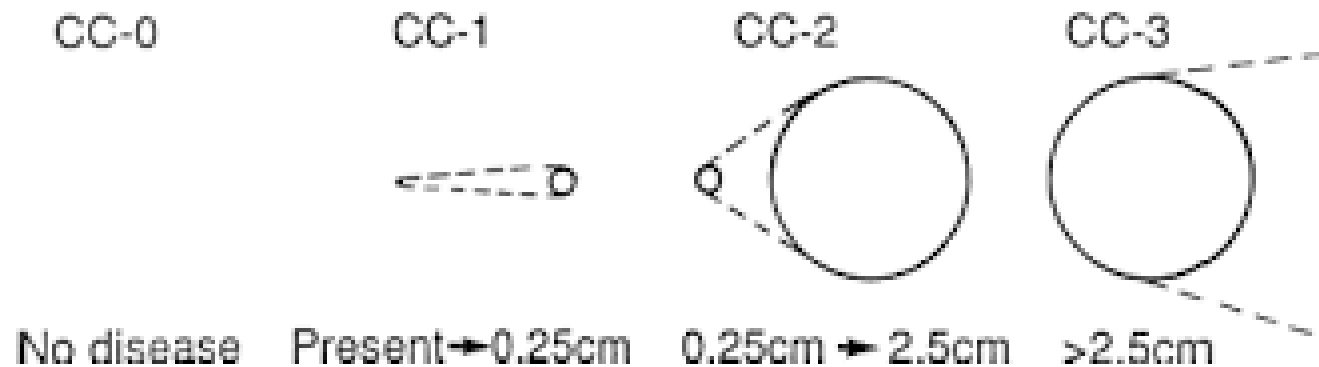
Lesion Size Score

- LS 0 No tumor seen
- LS 1 Tumor up to 0.5 cm
- LS 2 Tumor up to 5.0 cm
- LS 3 Tumor > 5.0 cm or confluence



Completeness of Cytoreduction - CC Score

COMPLETENESS OF CYTOREDUCTION AFTER SURGERY (CC SCORE)



Which is an appropriate indication for first-line therapy with CRS/HIPEC?



- a) Massive abdominal distention with pseudomyxoma peritonei
- b) Appendix cancer, high grade, with low volume peritoneal metastasis
- c) Colorectal cancer, low grade, with metastasis to peritoneum and liver (resectable)
- d) Gastric cancer, with cytology only peritoneal mets
- e) All of the above
- f) None of the above

Appendectomy is planned for appendiceal mass. During surgery some mucin pools are seen. Pathology from appendectomy shows low grade mucinous neoplasm (LAMN) without adenocarcinoma, negative margins, 1 negative lymph node.

What is next step?

- a) No further treatment necessary.
- b) Right colectomy
- c) Right colectomy and referral for CRS/HIPEC
- d) Referral for CRS/HIPEC



INDICATIONS for CRS/HIPEC

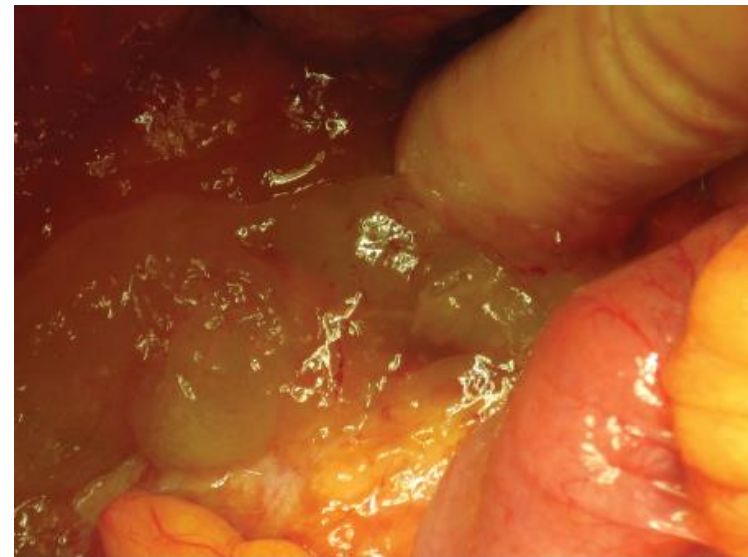
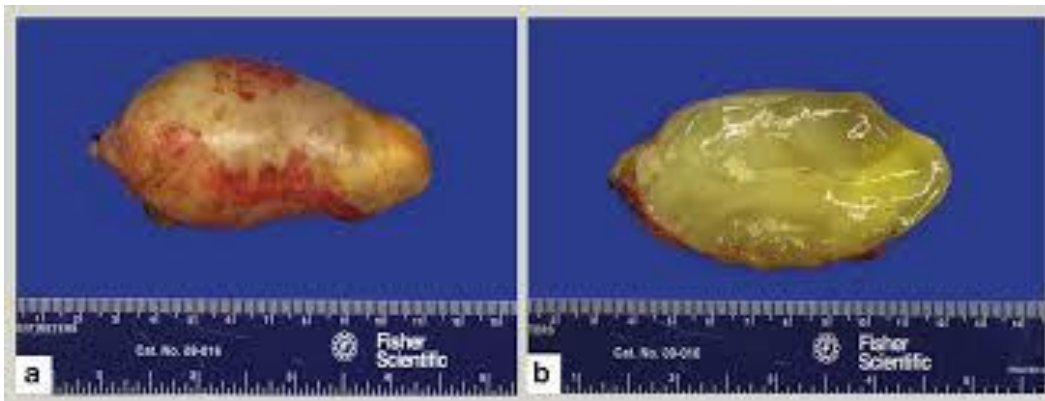
- Pseudomyxoma Peritonei (well differentiated mucinous appendiceal neoplasm/adenoca)
- Appendiceal Cancer (moderate or high grade)
- Colorectal Cancer
- Gastric Cancer
- Mesothelioma
- Ovarian Cancer

INDICATIONS for CRS/HIPEC

- Pseudomyxoma Peritonei (well differentiated mucinous appendiceal neoplasm/adenoca)
- Appendiceal Cancer (moderate or high grade)
- Colorectal Cancer
- Gastric Cancer
- Mesothelioma
- Ovarian Cancer

Well-differentiated Mucinous Appendiceal Neoplasm/Adenoca

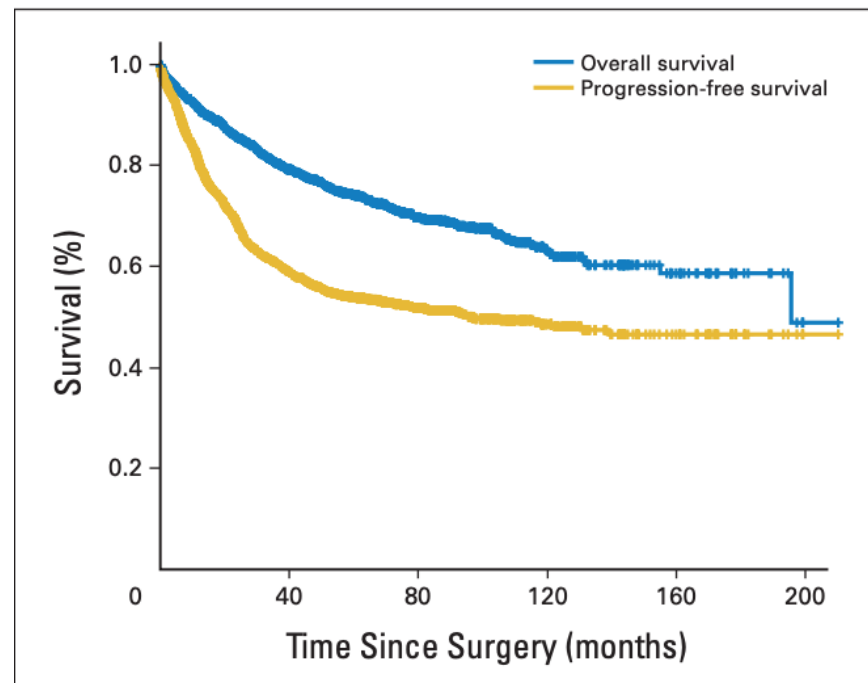
- Abundance of mucin
- Paucity of epithelial cells
- Attaches to viscera, but does not invade beyond peritoneum
- Often can be completely resected with peritonectomy
- LN met <5%



Well-differentiated Mucinous Appendiceal Neoplasm/Adenoca



- Median Survival: 16.3 years
- Median Progression Free survival 8.2 years

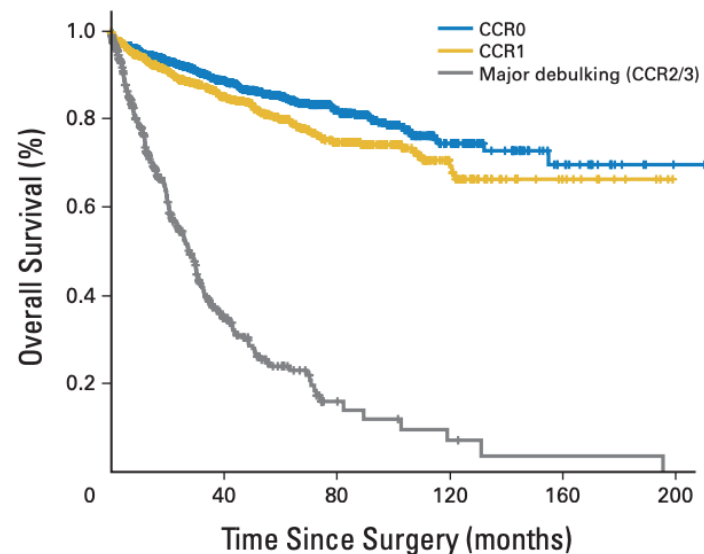
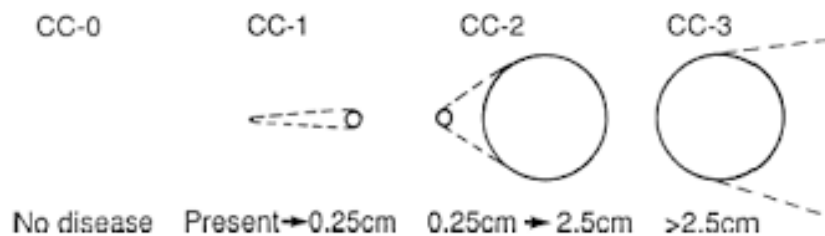


Well-differentiated Mucinous Appendiceal Neoplasm/Adenoca

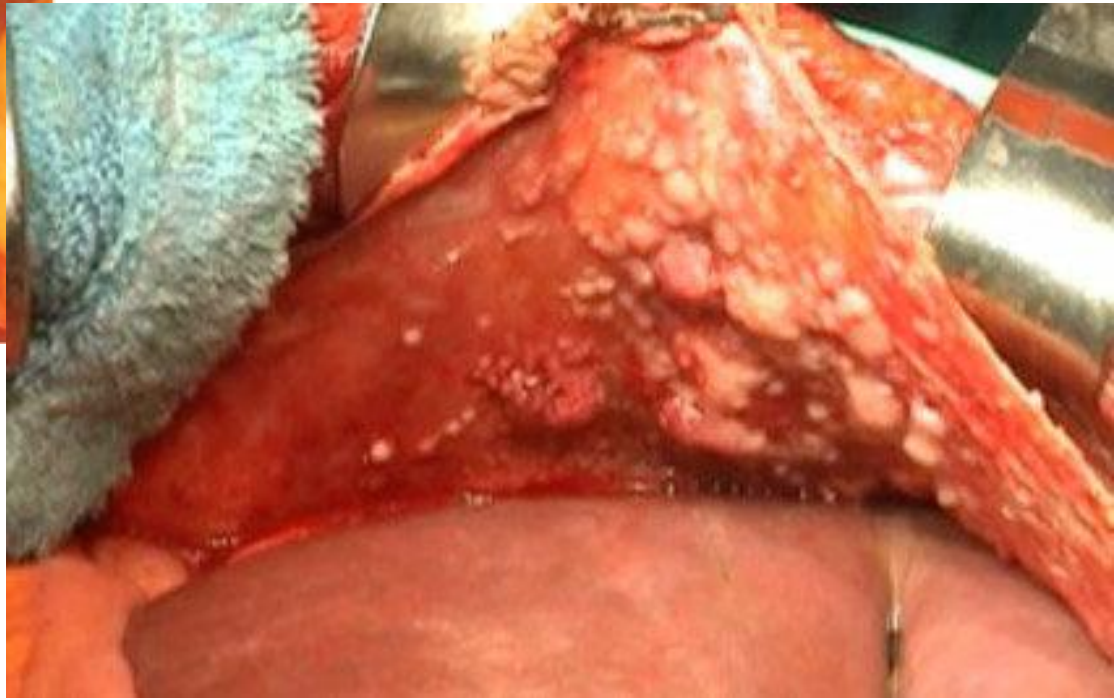
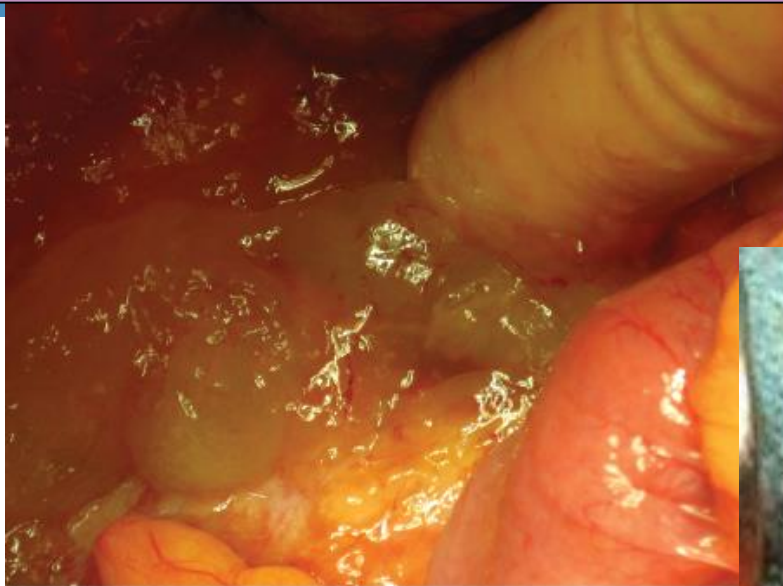
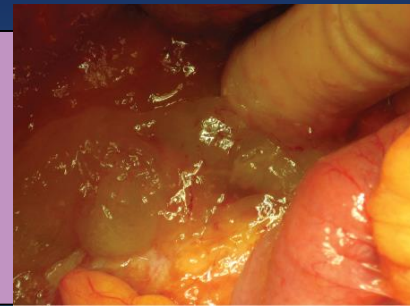


- Completeness of cytoreduction (CCR) is most important predictor of outcome

COMPLETENESS OF CYTOREDUCTION AFTER SURGERY (CC SCORE)



Well-differentiated Mucinous Appendiceal Neoplasm/Adenoca



Albert Einstein College of Medicine

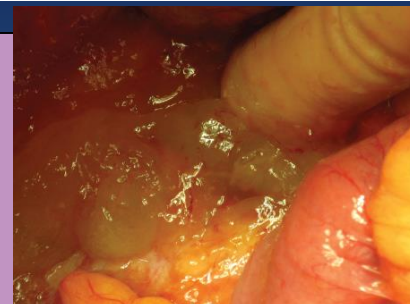
Well-differentiated Mucinous Appendiceal Neoplasm/Adenoca



Characteristics

- Systemic chemotherapy does not work well, and surgery is main stay of treatment
- Right colectomy is not needed - Local excision of positive margin should be performed (wedge resection or cecectomy)
- If peritoneal spread (mucin, tumor spillage) – need to go back for reevaluation and CRC/HIPEC
- Large volume tumor is **NOT** contra-indication - High PCI (30-39): 5 year survival: 73%, 10 year survival: 68%. HIPEC with incomplete tumor resection controls 90% of ascites

Well-differentiated Mucinous Appendiceal Neoplasm/Adenoca



Treatment

- Appendectomy (neg margin), no peritoneal spread – surveillance
- Appendectomy (positive margin), no peritoneal spread – Local excision of positive margin should be performed (wedge resection or cecectomy)
- Peritoneal spread (mucin, tumor spillage) during surgery – biopsy followed by CRS/HIPEC
- Pseudomyxoma on imaging – investigate for origin, CRS/HIPEC (no systemic chemotherapy)

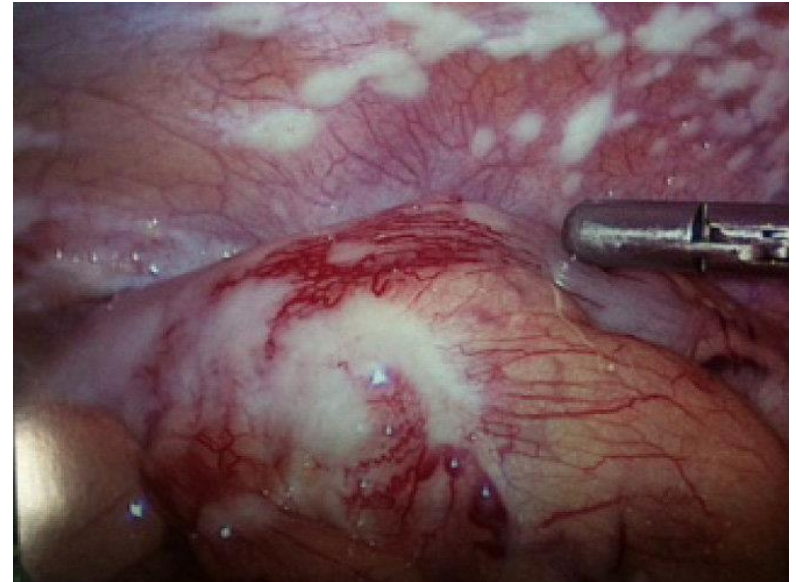
INDICATIONS for CRS/HIPEC

- Pseudomyxoma Peritonei (well differentiated mucinous appendiceal neoplasm/adenoca)

- **Appendiceal Cancer (moderate or high grade)**
- **Colorectal Cancer**
- **Gastric Cancer**
- **Mesothelioma**
- **Ovarian Cancer**

Other Cancers

- Tumor biology and patient selection are critically important.

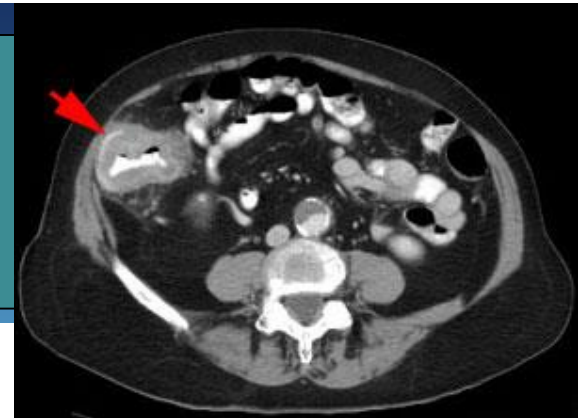


Other Cancers

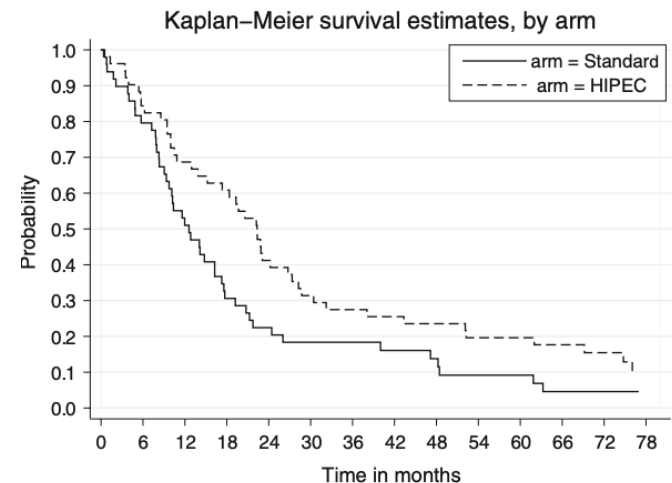
Factors to assess tumor biology and patient selection

- > Tumor burden – PCI score
- > Ability to achieve complete cytoreduction
 - Extensive involvement of small bowel mesentery
 - Extensive porta hepatis involvement
 - Extensive pelvic floor disease necessitating exenterative procedure
- > Tumor histology/type
- > Response to systemic therapy
- > Disease free interval

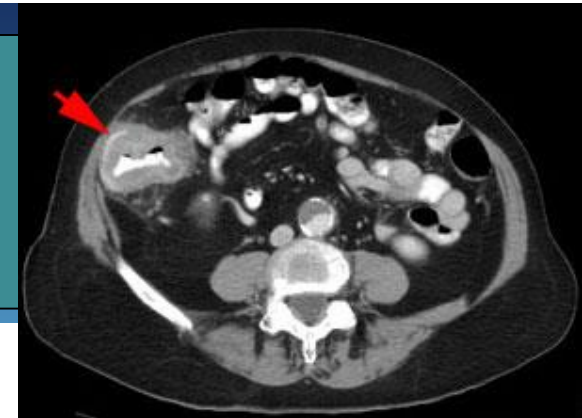
Colorectal Cancer



- Colorectal Cancer
 - > 10% of stage IV will have disease limited to peritoneum
 - > 15% of stage II-III cancer will develop peritoneal disease
 - > Metachronous, 10-35% is limited to peritoneal cavity
- Stage IV colorectal cancer
 - > 5 year survival: 14% (national)
 - > Chemo alone: 10%
 - > With CRS/HIPEC: 20%

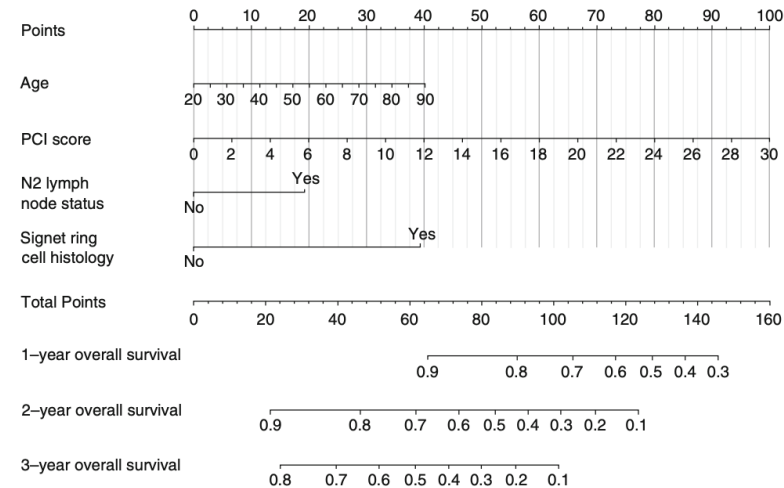


Colorectal Cancer



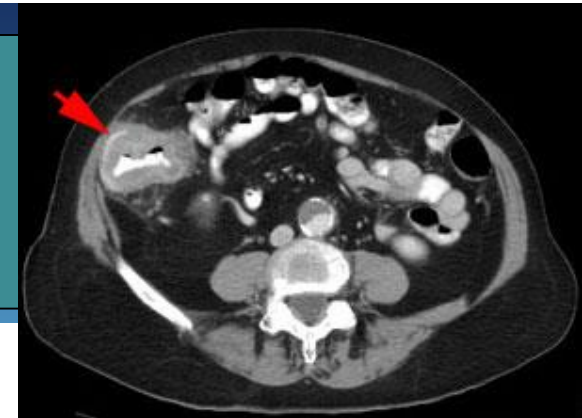
- Disease Severity Scores
 - > **PSDSS** – scoring system
 - Symptoms (none, mild, severe)
 - PCI (<10, 10-20, >20)
 - Histology (differentiation, signet ring cell, LN+)
 - > **COMPASS** - nomogram
 - Includes age

Clinical	CT- PCI	Histology
No symptoms 0	PCI < 10 (Low) 1	G1 G2 N- L- V- 1
Mild symptoms 1	PCI 10-20 (Medium) 3	G2 N+ and/or L+ and/or V+ 3
Severe symptoms 6	PCI > 20 (High) 7	G3 Signet Ring 9

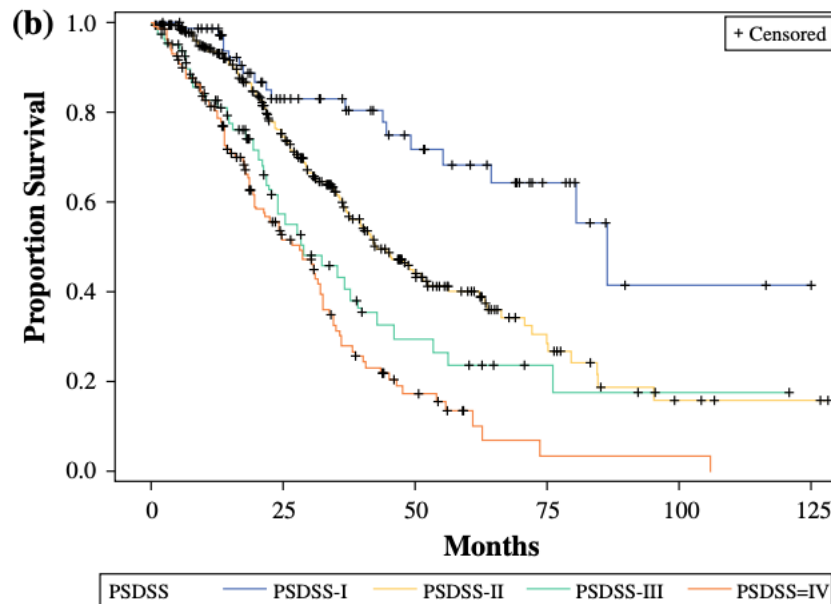


Equivel J et al. Peritoneal Disease Severity Scoring System. Ann Surg Onc 2014
 Simkens F, et al. Nomogram for Colorectal Cytoreductive Surgery and HIPEC. Ann Surg Onc 2016

Colorectal Cancer



PSDSS – scoring system

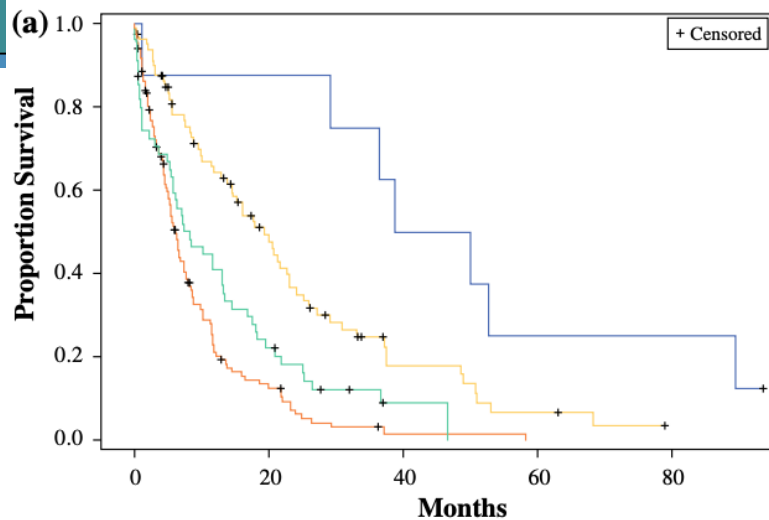


Clinical	CT- PCI	Histology
No symptoms 0	PCI < 10 (Low) 1	G1 G2 N- L- V- 1
Mild symptoms 1	PCI 10-20 (Medium) 3	G2 N+ and/or L+ and/or V+ 3
Severe symptoms 6	PCI > 20 (High) 7	G3 Signet Ring 9

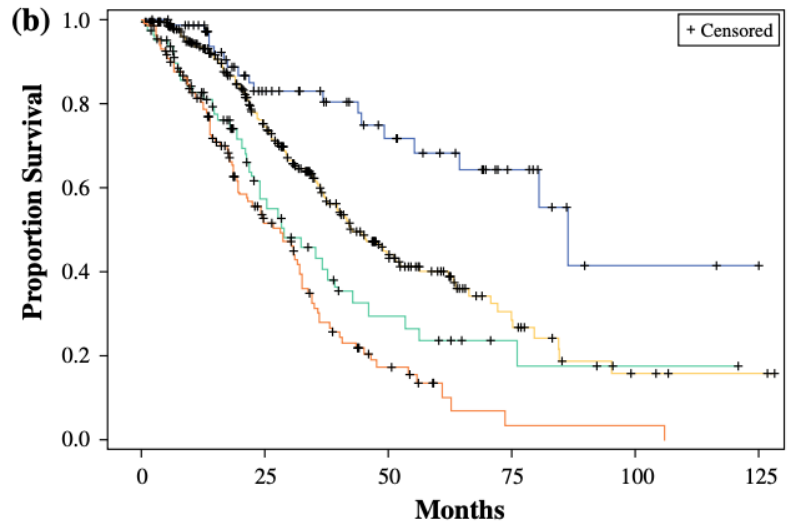
Median Survival using PSDSS

- I : 86 months
- II : 42 months
- III: 29 months
- IV: 28 months

Colorectal Cancer



PSDSS — PSDSS-I — PSDSS-II — PSDSS-III — PSDSS-IV

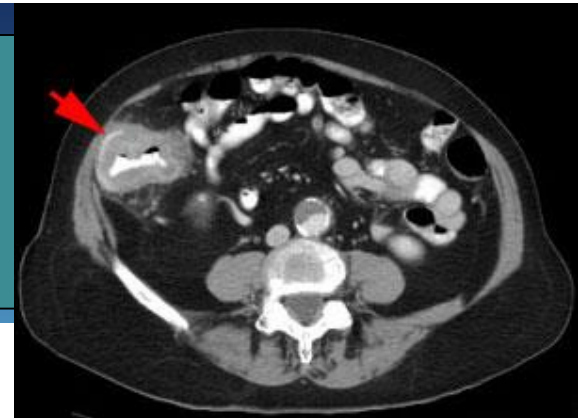


PSDSS — PSDSS-I — PSDSS-II — PSDSS-III — PSDSS-IV

	Systemic Chemo	CRS/HIPEC
PSDSS I	45m	86m
PSDSS II	19m	42m
PSDSS III	8m	29m
PSDSS IV	6m	28m

Equivel J et al. Peritoneal Disease Severity Scoring System. Ann Surg Onc 2014

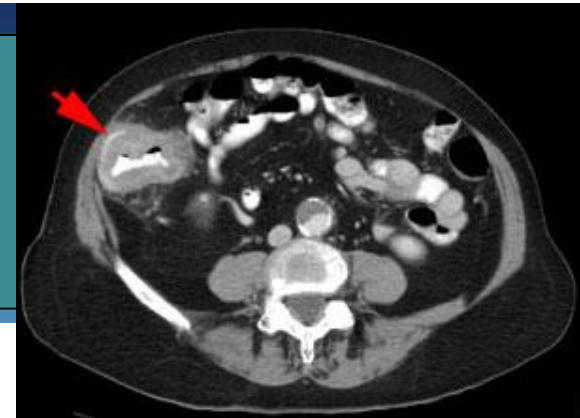
Colorectal Cancer



PRODIGE 7

- RCT, phase III, Multicenter
 - CRS vs CRS/HIPEC with oxaliplatin (132 pt and 133 pts)
 - Median OS: 41.7m vs 41.2 m
 - Inclusion of HIPEC using Oxaliplatin resulted in more complications
 - 60d grade 3-5 morbidity: 24.1% vs 13.6%
- ** marked improvement compared to systemic chemo alone (OS: 14m)
- ** CRS is beneficial
- ** Unclear if HIPEC or the use of Oxaliplatin is of no benefit

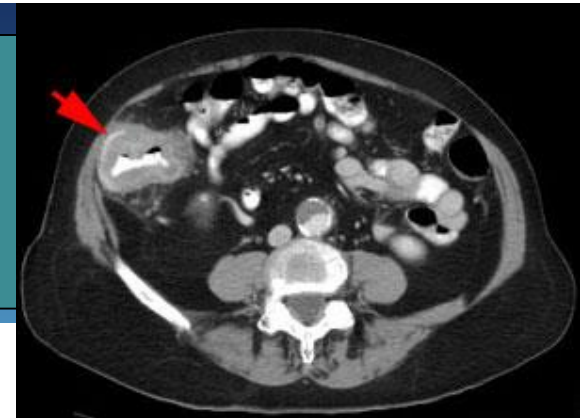
Colorectal Cancer



Considerations

- > Tumor burden – PCI score: **Cutoff 20, ?17**
- > Ability to achieve complete cytoreduction: **necessary**
- > Tumor histology/type: **(poor outcome) G3, signet ring cell, LVI, LN positive**
- > Response to systemic therapy: **no progression**
- > Disease free interval

Colorectal Cancer



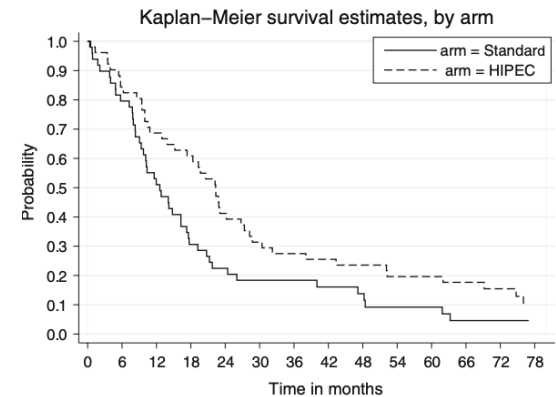
- Treatment
- Synchronous & Metachronous Metastatic disease
 - > Peritoneal disease: Chemotherapy (3-6m) followed by CRS/HIPEC if no progression
 - > Unsuspected peritoneal disease: Colectomy if symptomatic. If asymptomatic, chemo first followed by CRS/HIPEC

Extra-peritoneal metastatic disease is **NOT a contraindication for surgical resection of metastatic disease. Liver mets and lung mets that are resectable can be treated at same time as peritoneal disease.

Moderately, Poorly Differentiated Appendiceal Adenocarcinoma



- 25-40% chance of lymph node metastasis
- Somewhat responsive to chemotherapy
- Systemic tx alone: 12.6m
- CRS/HIPEC + chemo: 22.4m
- CRS/HIPEC outcomes based on response to chemotherapy
 - > Stable or responsive disease (44%): 44 months
 - > Progressive disease (14%): 21 months



Moderately, Poorly Differentiated Appendiceal Adenocarcinoma



Considerations

- > Tumor burden – PCI score: ?17, ?20
- > Ability to achieve complete cytoreduction: necessary
- > Tumor histology/type: Mucinous (good), signet ring cell (bad)
- > Response to systemic therapy: no progression
- > Disease free interval

Moderately, Poorly Differentiated Appendiceal Adenocarcinoma



Treatment

- No peritoneal disease, appendix cancer
 - R colectomy, followed by adj tx (treat like colon cancer)
- Peritoneal disease prior to or during appendectomy, suspect appendiceal cancer
 - diagnostic laparoscopy for biopsy (of peritoneal met)
 - chemotherapy is mainstay of treatment
 - CRS/HIPEC can be considered for good responders

Gastric Cancer

Gastric Cancer

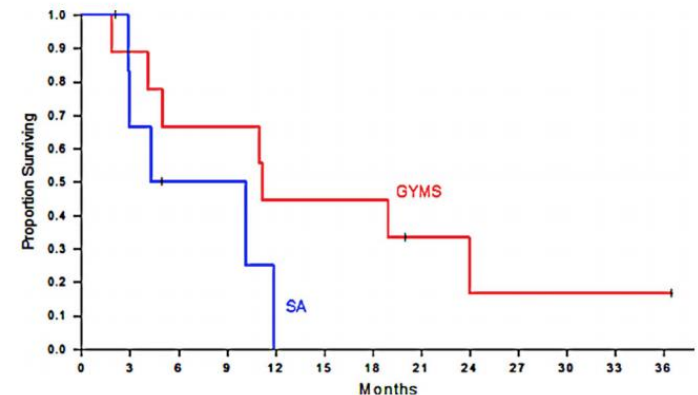
- 30-40% of Stage II-III cancer will have peritoneal disease
- Metachronous, 50% is limited to peritoneal cavity

RCT 34 patients

- Chemo (8pts) vs CRS/HIPEC (9pts)
4.3m vs 11.3m

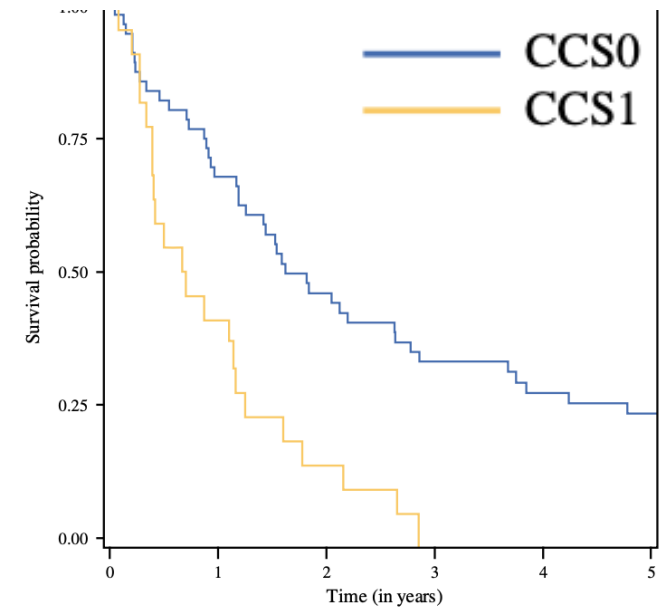
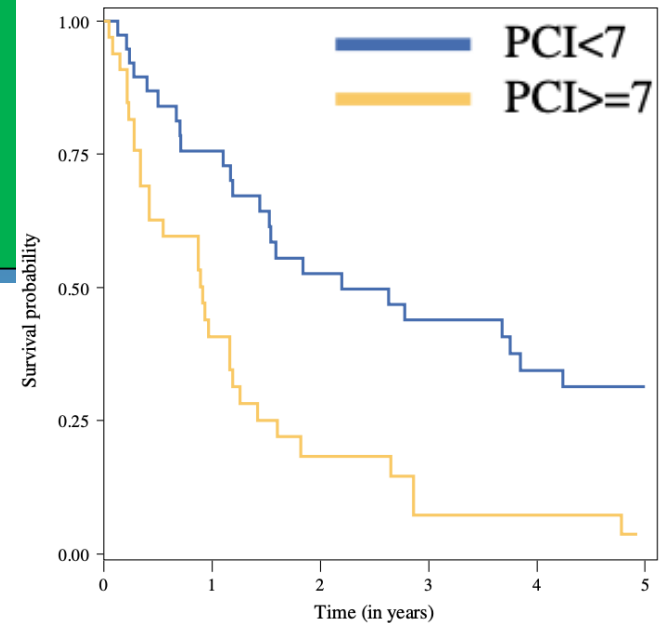
**All in chemo arm died <12m

**CRS/HIPEC: 3 pts lived 2 year, 1 pt alive at end of study



Gastric Cancer

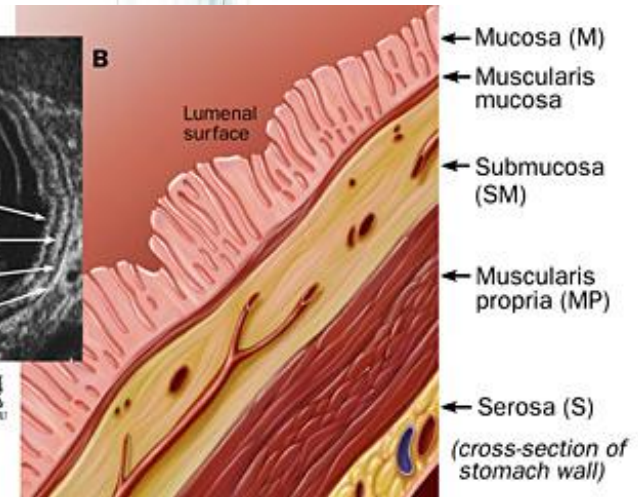
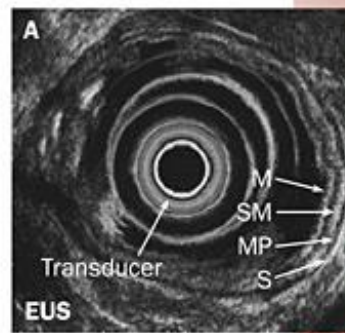
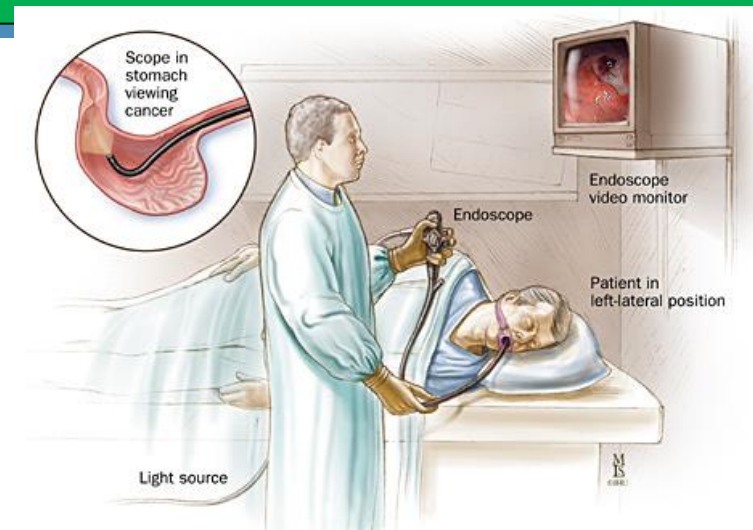
- Retrospective review 81 pts from 5 institutions
 - > Median OS: 17.3m
 - > 5 year OS: 18%
 - > Cured: 11%
- ** Only PCI <7 had long term survival
- ** Only CCS0 had long term survival



Gastric Cancer

– Diagnosis and Staging

- H&P
- Upper GI endoscopy and biopsy
- **EUS**
- Chest/Abdomen/Pelvis CT
- PET CT
- **Diagnostic Laparoscopy & Peritoneal washings**



Gastric Cancer

– Diagnosis and Staging

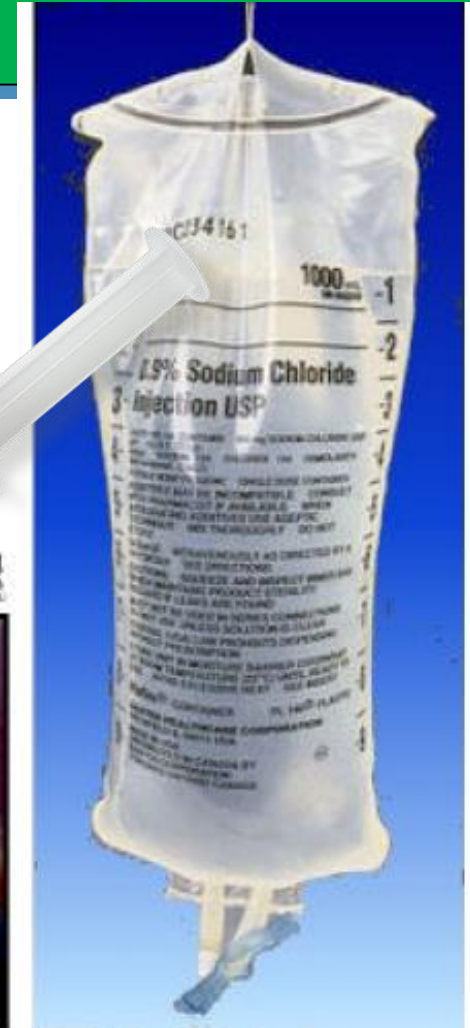
Macroscopic carcinomatosis – 20%
Positive cytology only – 10%

Laparoscopic camera (for diagnosis of abdominal metastases)...
...enters through an incision in the abdominal wall.

Abdominal cavity expanded with air

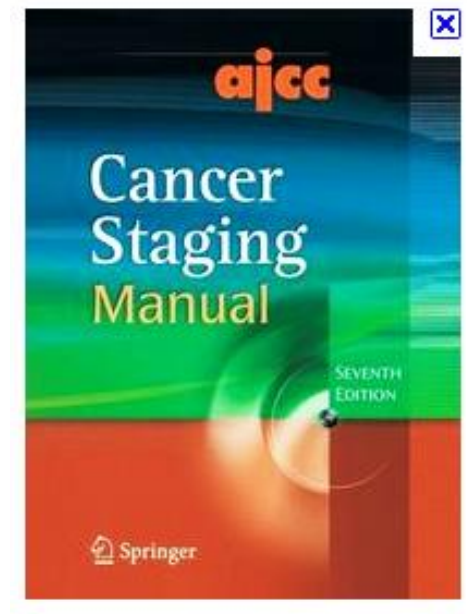
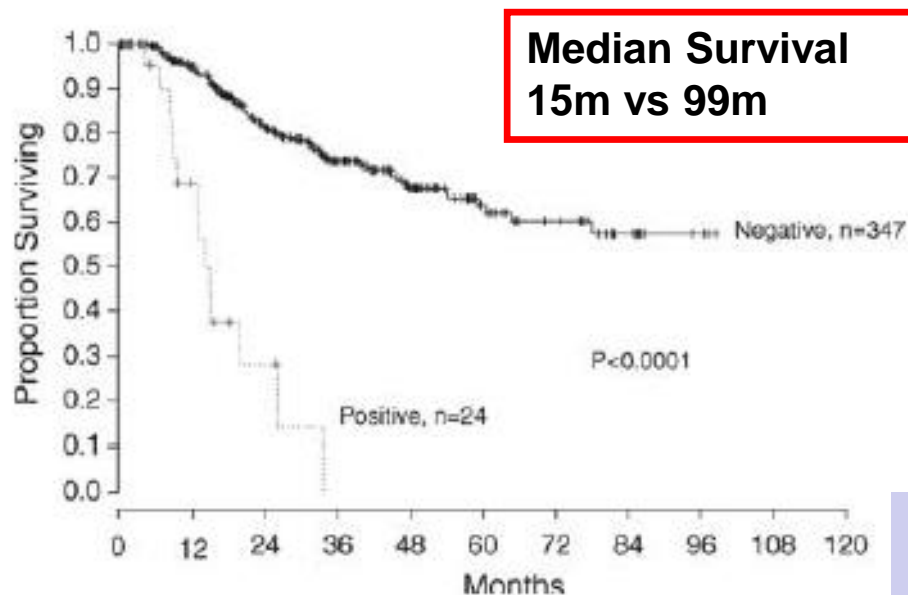
Abdominal organs

scope view



Gastric Cancer – Diagnosis and Staging

- Positive Peritoneal Cytology (Cy+/P0)



Positive Peritoneal cytology
is classified as M1

Gastric Cancer

HIPEC for Prophylaxis

- Locally advanced gastric ca, **Adjuvant HIPEC**
- Multiples studies in Asia
 - > Improved 5 year survival
 - > Reduces peritoneal recurrence
- Currently Open Studies
 - > GASTRICHIP – Europe
 - > European Network on Excellence on GC

STUDY PROTOCOL

Open Access

GASTRICHIP: D2 resection and hyperthermic intraperitoneal chemotherapy in locally advanced gastric carcinoma: a randomized and multicenter phase III study

Olivier Glehen^{1,2}, Guillaume Passot^{1,2}, Laurent Villeneuve^{3,4,5}, Delphine Vaudoyer^{1,2}, Sylvie Bin-Dorel^{3,4,5}, Gilles Boschetti⁶, Eric Piaton⁷ and Alfredo Garofalo⁸

Treatment and prevention of peritoneal carcinomatosis from gastric cancer by cytoreductive surgery and hyperthermic intraperitoneal chemotherapy: Overview and rationale

F. Roviello, S. Caruso*, A. Neri, D. Marrelli

Department of Human Pathology and Oncology, Section of General Surgery and Surgical Oncology, University of Siena, Viale Bracci-Policlinico "Le Scotte", 53100 Siena, Italy

Gastric Cancer

Laparoscopic Intraperitoneal Chemotherapy (LS-HIPEC)

- Repeated HIPEC (without CRS) with aim to resolve peritoneal cytology
- MD Anderson (B. Badgwell)
 - > Stage IV pts with peritoneum only low volume disease or cytology only
 - > After systemic chemo, HIPEC with Mitomycin C & Cisplatin
 - > 44 patients, 71 procedures
 - > 11 patients had resolution of peritoneal cytology and went on to gastrectomy.

Gastic Cancer

Considerations

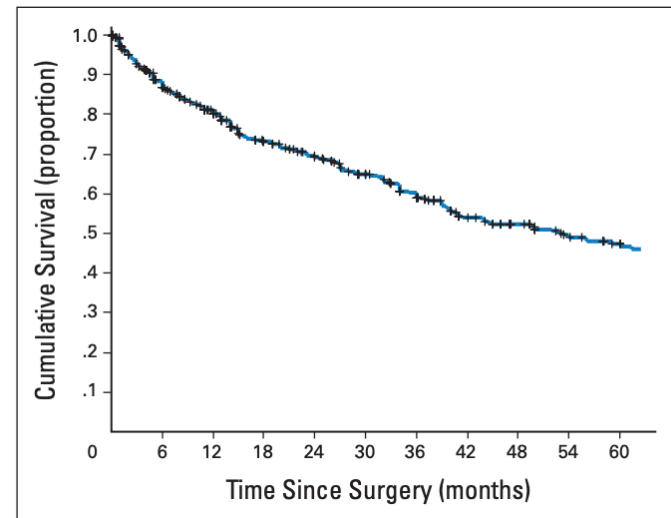
- >Tumor burden – PCI score: **Cutoff <7**
- >Ability to achieve complete cytoreduction: **R0 is necessary**
- >Tumor histology/type: **(poor outcome) signet ring cell**
- >Response to systemic therapy: **no progression**
- >Disease free interval

Mesothelioma

- Diffuse Malignant Peritoneal Mesothelioma – 10-30% of all mesothelioma
- Histologic Subtype is most important determinant
 - > Epithelioid
 - Most common – 75-90%
 - Least aggressive
 - > Sarcomatoid : Rapid progression and death
 - > Biphasic: Intermediate to epithelioid and sarcomatoid
- Other markers of aggressiveness
 - > Ki-67, mitotic rate, PET avidity

Mesothelioma

- Outcomes
 - > Historic (palliative surgery and systemic chemo) – 9-15 m
 - > With CRS/HIPEC – median survival: 53 months
- Improved survival
 - > Epithelial type (HR 27.5)
 - > Neg LN (HR 13.9)
 - > CC0/CC1 (HR 24.2)
 - > HIPEC (HR 9.5)

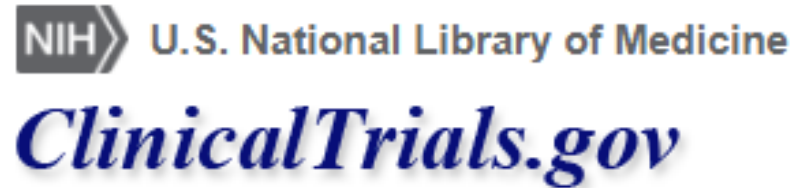


Mesothelioma

Treatment

- > Epithelioid, Papillary, Benign Multicystic
 - CRS/HIPEC
- > Biphasic, Sarcomatoid
 - Systemic chemo
 - CRS/HIPEC if shows radiographic response

Phase II Clinical Trial – CRS/HIPEC



CRS/HIPEC for Peritoneal Carcinomatosis of Peritoneal and Gastrointestinal Origin

- Mitomycin C, 40mg, 42° C, 90min
- Pseudomyxoma Peritonei, Appendiceal, Colorectal, Gastric, Mesothelioma
- End Points: Completeness of cytoreduction, morbidity, mortality, PFS, OS, QOL
- Inclusion/Exclusion criteria
 - > ECOG 0, 1
 - > Normal renal, hepatic, and cardiac function

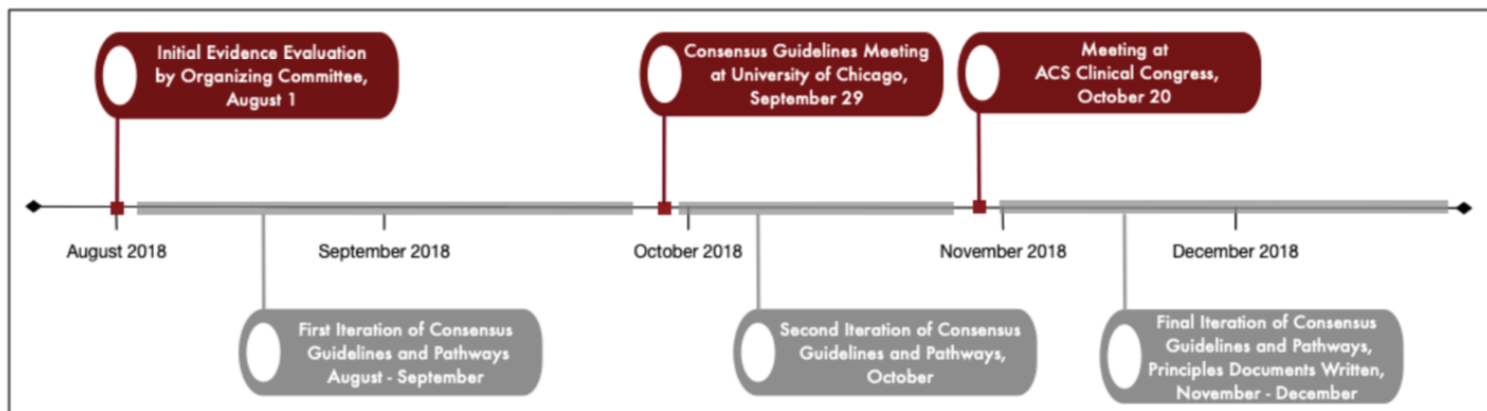
Management Guidelines for Peritoneal Surface Malignancies

2018 Chicago Consensus

on Peritoneal Surface Malignancies

- Sept 2018
- Thought leaders
- Endorsement of Society of Surgical Oncology (SSO)
- 11 pathways developed
- Annals of Surgical Oncology in 2019

Figure 1: Timeline for the Development of the Chicago Consensus Guidelines for Peritoneal Surface Malignancies



What does NOT need to be considered when offering cytoreductive surgery and hyperthermic intraperitoneal chemotherapy (CRS/HIPEC)?



- a) Original cancer type
- b) History of systemic chemotherapy
- c) Tumor burden (amount of tumor)
- d) Ability to completely remove tumor
- e) Functional status
- f) None of the above

What does NOT need to be considered when offering cytoreductive surgery and hyperthermic intraperitoneal chemotherapy (CRS/HIPEC)?



- a) Original cancer type
- b) History of systemic chemotherapy
- c) Tumor burden (amount of tumor)
- d) Ability to completely remove tumor
- e) Functional status
- f) None of the above

Which is an appropriate indication for first-line therapy with CRS/HIPEC?



- a) Massive abdominal distention with pseudomyxoma peritonei
- b) Appendix cancer, high grade, with low volume peritoneal metastasis
- c) Colorectal cancer, low grade, with metastasis to peritoneum and liver (resectable)
- d) Gastric cancer, with cytology only peritoneal mets
- e) All of the above
- f) None of the above

Which is an appropriate indication for first-line therapy with CRS/HIPEC?



- a) Massive abdominal distention with pseudomyxoma peritonei
- b) Appendix cancer, high grade, with low volume peritoneal metastasis
- c) Colorectal cancer, low grade, with metastasis to peritoneum and liver (resectable)
- d) Gastric cancer, with cytology only peritoneal mets
- e) All of the above
- f) None of the above

Appendectomy is planned for appendiceal mass. During surgery some mucin pools are seen. Pathology from appendectomy shows low grade mucinous neoplasm (LAMN) without adenocarcinoma, negative margins, 1 negative lymph node.

What is next step?

- a) No further treatment necessary.
- b) Right colectomy
- c) Right colectomy and referral for CRS/HIPEC
- d) Referral for CRS/HIPEC



Appendectomy is planned for appendiceal mass. During surgery some mucin pools are seen. Pathology from appendectomy shows low grade mucinous neoplasm (LAMN) without adenocarcinoma, negative margins, 1 negative lymph node.

What is next step?

- a) No further treatment necessary.
- b) Right colectomy
- c) Right colectomy and referral for CRS/HIPEC
- d) Referral for CRS/HIPEC



Summary of Recommendations

- CRS/HIPEC provides improved outcomes in select cases
- Only healthy patients are candidates for CRS/HIPEC
- Metastatic disease (synchronous and metachronous) **limited to the peritoneum** have likelihood of being candidates for CRS/HIPEC and should be considered
- In colorectal cancer, even pts with limited systemic disease (liver, lung) may be candidates for CRS/HIPEC
- **Mucinous spillage or tumors rupture**, in appendiceal and mucinous colorectal cancers should be evaluated for CRC/HIPEC